



KARNATAKA SWIMMING ASSOCIATION (Regd)
NRJ - STATE SENIOR AQUATIC CHAMPIONSHIPS 2022
AT PADUKONE-DRAVID CENTRE FOR SPORTS EXCELLENCE
BENGALURU, FROM 12th to 14th August 2022



Event 1	Men, 800m Freestyle										SENIOR MEN
12-08-2022											Results
SSR	8:26.03	Gagan A P								BAC	2012
SNR	8:08.32	KUSHAGRA RAWAT	DELHI								2021
Rank	YB										Time
1. Aneesh S Gowda <i>NMR</i>	04	Basavanagudi Aquatic Centre								8:24.97	
100m:	1:00.76	1:00.76	300m:	3:07.05	1:02.94	500m:	5:14.23	1:03.77	700m:	7:22.62	1:04.24
200m:	2:04.11	1:03.35	400m:	4:10.46	1:03.41	600m:	6:18.38	1:04.15	800m:	8:24.97	1:02.35
2. Shivank Vishwanath	05	Gafray Swimming Program								8:44.56	
100m:	1:02.97	1:02.97	300m:	3:15.19	1:06.21	500m:	5:29.03	1:06.95	700m:	7:42.75	1:06.66
200m:	2:08.98	1:06.01	400m:	4:22.08	1:06.89	600m:	6:36.09	1:07.06	800m:	8:44.56	1:01.81
3. Dhyan Balakrishna	04	Basavanagudi Aquatic Centre								8:48.61	
100m:	1:02.42	1:02.42	300m:	3:15.08	1:06.82	500m:	5:30.13	1:07.24	700m:	7:44.26	1:07.09
200m:	2:08.26	1:05.84	400m:	4:22.89	1:07.81	600m:	6:37.17	1:07.04	800m:	8:48.61	1:04.35
4. Pavan Dhananjaya	07	Basavanagudi Aquatic Centre								8:57.08	
100m:	1:04.03	1:04.03	300m:	3:17.57	1:06.94	500m:	5:32.45	1:07.47	700m:	7:50.00	1:08.89
200m:	2:10.63	1:06.60	400m:	4:24.98	1:07.41	600m:	6:41.11	1:08.66	800m:	8:57.08	1:07.08
5. Dhoneesh N	06	Vijayanagar Aquatic Centre								9:06.85	
100m:	1:00.16	1:00.16	300m:	3:14.57	1:08.15	500m:	5:35.13	1:10.73	700m:	7:58.59	1:11.21
200m:	2:06.42	1:06.26	400m:	4:24.40	1:09.83	600m:	6:47.38	1:12.25	800m:	9:06.85	1:08.26
6. Dhakshan S	08	Basavanagudi Aquatic Centre								9:18.28	
100m:	1:06.06	1:06.06	300m:	3:25.63	1:10.28	500m:	5:46.72	1:10.10	700m:	8:08.85	1:11.12
200m:	2:15.35	1:09.29	400m:	4:36.62	1:10.99	600m:	6:57.73	1:11.01	800m:	9:18.28	1:09.43
7. Varungowda G	04	Basavanagudi Aquatic Centre								9:19.55	
100m:	1:03.77	1:03.77	300m:	3:22.82	1:10.34	500m:	5:45.92	1:11.78	700m:	8:10.23	1:12.44
200m:	2:12.48	1:08.71	400m:	4:34.14	1:11.32	600m:	6:57.79	1:11.87	800m:	9:19.55	1:09.32
8. Dharshan S	08	Basavanagudi Aquatic Centre								9:19.82	
100m:	1:07.06	1:07.06	300m:	3:27.98	1:10.53	500m:	5:48.74	1:10.47	700m:	8:11.14	1:11.30
200m:	2:17.45	1:10.39	400m:	4:38.27	1:10.29	600m:	6:59.84	1:11.10	800m:	9:19.82	1:08.68
9. Prashans H M	06	Basavanagudi Aquatic Centre								9:20.62	
100m:	1:04.68	1:04.68	300m:	3:24.41	1:10.46	500m:	5:47.12	1:11.57	700m:	8:10.79	1:11.89
200m:	2:13.95	1:09.27	400m:	4:35.55	1:11.14	600m:	6:58.90	1:11.78	800m:	9:20.62	1:09.83
10. Neelesh Das	06	Dolphin Aquatics								9:24.87	
100m:	1:05.26	1:05.26	300m:	3:26.15	1:10.72	500m:	5:49.25	1:11.65	700m:	8:14.43	1:12.20
200m:	2:15.43	1:10.17	400m:	4:37.60	1:11.45	600m:	7:02.23	1:12.98	800m:	9:24.87	1:10.44
11. Sanjith J	05	Basavanagudi Aquatic Centre								9:31.88	
100m:	1:03.49	1:03.49	300m:	3:24.38	1:11.76	500m:	5:51.23	1:14.07	700m:	8:19.46	1:13.73
200m:	2:12.62	1:09.13	400m:	4:37.16	1:12.78	600m:	7:05.73	1:14.50	800m:	9:31.88	1:12.42
12. Sahil Dalal	06	Basavanagudi Aquatic Centre								9:34.04	
100m:	1:04.79	1:04.79	300m:	3:30.30	1:12.91	500m:	5:56.30	1:13.61	700m:	8:23.09	1:13.06
200m:	2:17.39	1:12.60	400m:	4:42.69	1:12.39	600m:	7:10.03	1:13.73	800m:	9:34.04	1:10.95
13. Monish P V	09	Basavanagudi Aquatic Centre								9:38.58	
100m:	1:08.21	1:08.21	300m:	3:34.33	1:13.79	500m:	6:01.63	1:13.26	700m:	8:28.73	1:12.91
200m:	2:20.54	1:12.33	400m:	4:48.37	1:14.04	600m:	7:15.82	1:14.19	800m:	9:38.58	1:09.85
14. Prithviraj Menon	09	Basavanagudi Aquatic Centre								9:40.26	
100m:	1:07.76	1:07.76	300m:	3:33.95	1:13.91	500m:	6:01.61	1:13.73	700m:	8:28.86	1:12.89
200m:	2:20.04	1:12.28	400m:	4:47.88	1:13.93	600m:	7:15.97	1:14.36	800m:	9:40.26	1:11.40
15. Navaneeth Gowda R	08	Dolphin Aquatics								9:43.82	
100m:	1:05.58	1:05.58	300m:	5:11.00	25.36	500m:			700m:	9:43.82	
200m:	4:45.64	3:40.06	400m:			600m:			800m:	9:43.82	



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Event 1, Men, 800m Freestyle, SENIOR MEN

Rank	YB						Time					
16.	Aniketh Bhat Arnady						07 Dolphin Aquatics				9:50.53	
	100m:	1:09.52	1:09.52	300m:	3:36.88	1:13.96	500m:	6:06.31	1:14.81	700m:	8:37.39	1:15.49
	200m:	2:22.92	1:13.40	400m:	4:51.50	1:14.62	600m:	7:21.90	1:15.59	800m:	9:50.53	1:13.14
17.	Sharan Sridhara						11 Matsya Inc				9:58.28	
	100m:	1:12.38	1:12.38	300m:	3:41.11	1:15.76	500m:	6:12.62	1:15.81	700m:	8:43.84	1:16.20
	200m:	2:25.35	1:12.97	400m:	4:56.81	1:15.70	600m:	7:27.64	1:15.02	800m:	9:58.28	1:14.44
18.	Soham Mondal						08 Dolphin Aquatics				10:02.47	
	100m:	1:10.50	1:10.50	300m:	3:42.81	1:16.53	500m:	6:17.08	1:17.23	700m:	8:50.69	1:17.01
	200m:	2:26.28	1:15.78	400m:	4:59.85	1:17.04	600m:	7:33.68	1:16.60	800m:	10:02.47	1:11.78
19.	Vedanta V.M.						09 Basavanagudi Aquatic Centre				10:05.49	
	100m:	1:09.43	1:09.43	300m:	3:42.96	1:17.71	500m:	6:17.72	1:16.28	700m:	8:51.19	1:17.69
	200m:	2:25.25	1:15.82	400m:	5:01.44	1:18.48	600m:	7:33.50	1:15.78	800m:	10:05.49	1:14.30
20.	Abhimanyu Nambiar						09 Dolphin Aquatics				10:17.62	
	100m:	1:10.77	1:10.77	300m:	3:44.94	1:16.15	500m:	6:20.43	1:18.29	700m:	9:00.86	1:19.74
	200m:	2:28.79	1:18.02	400m:	5:02.14	1:17.20	600m:	7:41.12	1:20.69	800m:	10:17.62	1:16.76
21.	Aryan Manish						09 Basavanagudi Aquatic Centre				10:19.60	
	100m:	1:10.20	1:10.20	300m:	3:48.27	1:19.68	500m:	6:27.34	1:18.96	700m:	9:04.32	1:18.65
	200m:	2:28.59	1:18.39	400m:	5:08.38	1:20.11	600m:	7:45.67	1:18.33	800m:	10:19.60	1:15.28
22.	Shrihari Katti						09 Dolphin Aquatics				10:30.77	
	100m:	1:13.03	1:13.03	300m:			500m:			700m:	9:05.41	1:40.22
	200m:			400m:			600m:	7:25.19		800m:	10:30.77	1:25.36

Event 2
12-08-2022

Women, 800m Freestyle

SENIOR WOMEN
Results

SSR	9:18.39	Malavika V	BAC	BANGALORE	2015
SNR	9:06.31	Richa mishra		POLICE	2011

Rank	YB						Time					
1.	Ashmitha Chandra						05 Gafray Swimming Program				9:34.89	
	100m:	1:07.37	1:07.37	300m:	3:33.52	1:13.14	500m:	5:59.92	1:13.15	700m:	8:25.39	1:12.60
	200m:	2:20.38	1:13.01	400m:	4:46.77	1:13.25	600m:	7:12.79	1:12.87	800m:	9:34.89	1:09.50
2.	Shirin						07 Basavanagudi Aquatic Centre				9:36.14	
	100m:	1:07.39	1:07.39	300m:	3:34.49	1:13.82	500m:	6:01.58	1:13.67	700m:	8:27.26	1:12.44
	200m:	2:20.67	1:13.28	400m:	4:47.91	1:13.42	600m:	7:14.82	1:13.24	800m:	9:36.14	1:08.88
3.	Rujula S						08 Dolphin Aquatics				9:52.02	
	100m:	1:10.09	1:10.09	300m:	3:40.21	1:15.64	500m:	6:11.24	1:15.43	700m:	8:42.32	1:15.28
	200m:	2:24.57	1:14.48	400m:	4:55.81	1:15.60	600m:	7:27.04	1:15.80	800m:	9:52.02	1:09.70
4.	Aditi N Mulay						07 Basavanagudi Aquatic Centre				9:52.08	
	100m:	1:08.36	1:08.36	300m:	3:36.67	1:15.14	500m:	6:08.06	1:15.75	700m:	8:39.63	1:15.83
	200m:	2:21.53	1:13.17	400m:	4:52.31	1:15.64	600m:	7:23.80	1:15.74	800m:	9:52.08	1:12.45
5.	Meenakshi Menon						09 Basavanagudi Aquatic Centre				9:52.46	
	100m:			300m:	3:40.31	1:15.36	500m:	6:11.22	1:15.80	700m:		
	200m:	2:24.95		400m:	4:55.42	1:15.11	600m:	7:26.36	1:15.14	800m:	9:52.46	
6.	Naisha						10 Basavanagudi Aquatic Centre				10:04.58	
	100m:	1:11.24	1:11.24	300m:	3:41.93	1:15.39	500m:	6:15.47	1:17.40	700m:	8:51.06	1:17.99
	200m:	2:26.54	1:15.30	400m:	4:58.07	1:16.14	600m:	7:33.07	1:17.60	800m:	10:04.58	1:13.52
7.	Sri Charani Tumu						09 Global Swim Centre				10:06.68	
	100m:	1:10.86	1:10.86	300m:	3:44.22	1:16.85	500m:	6:19.65	1:17.40	700m:	8:54.67	1:16.47
	200m:	2:27.37	1:16.51	400m:	5:02.25	1:18.03	600m:	7:38.20	1:18.55	800m:	10:06.68	1:12.01



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Event 2, Women, 800m Freestyle, SENIOR WOMEN

Rank			YB					Time	
8.	Anumati Chougule		04	Basavanagudi Aquatic Centre				10:06.94	
	100m:	1:11.25	1:11.25	300m:	3:45.32	1:17.55	500m:	6:18.46	1:16.53
	200m:	2:27.77	1:16.52	400m:	5:01.93	1:16.61	600m:	7:35.67	1:17.21
							700m:	8:53.53	1:17.86
							800m:	10:06.94	1:13.41
9.	Saba Suhana		08	Dolphin Aquatics				10:12.82	
	100m:	1:10.06	1:10.06	300m:	3:45.17	1:18.28	500m:	6:21.15	1:17.97
	200m:	2:26.89	1:16.83	400m:	5:03.18	1:18.01	600m:	7:39.71	1:18.56
							700m:	8:58.36	1:18.65
							800m:	10:12.82	1:14.46
10.	Aasra Sudhir		08	Basavanagudi Aquatic Centre				10:19.92	
	100m:	3:07.02	3:07.02	300m:			500m:		700m:
	200m:	3:27.06	20.04	400m:			600m:		800m:
									10:19.92
11.	Preetha V		03	Dkv Aquatic Centre				10:23.50	
	100m:	1:11.89	1:11.89	300m:	3:46.72	1:18.26	500m:	6:25.55	1:19.69
	200m:	2:28.46	1:16.57	400m:	5:05.86	1:19.14	600m:	7:45.89	1:20.34
							700m:	9:06.11	1:20.22
							800m:	10:23.50	1:17.39
12.	Janya B.S.		08	Basavanagudi Aquatic Centre				10:34.90	
	100m:	1:12.19	1:12.19	300m:	3:52.36	1:21.41	500m:	6:34.44	1:21.28
	200m:	2:30.95	1:18.76	400m:	5:13.16	1:20.80	600m:	7:56.76	1:22.32
							700m:	9:16.81	1:20.05
							800m:	10:34.90	1:18.09
13.	Tanisha Vinay		09	Basavanagudi Aquatic Centre				10:36.03	
	100m:	1:14.74	1:14.74	300m:	3:56.88	1:21.54	500m:	6:38.02	1:19.62
	200m:	2:35.34	1:20.60	400m:	5:18.40	1:21.52	600m:	7:58.86	1:20.84
							700m:	9:19.08	1:20.22
							800m:	10:36.03	1:16.95
14.	Namrata Venkatesh		08	Basavanagudi Aquatic Centre				10:53.88	
	100m:	1:14.75	1:14.75	300m:	4:00.52	1:23.24	500m:	6:46.83	1:23.06
	200m:	2:37.28	1:22.53	400m:	5:23.77	1:23.25	600m:	8:09.94	1:23.11
							700m:	9:33.12	1:23.18
							800m:	10:53.88	1:20.76
15.	Aaradhana S Gowda		07	Dolphin Aquatics				11:06.55	
	100m:	1:15.82	1:15.82	300m:	4:08.41	1:26.71	500m:	6:57.52	1:24.09
	200m:	2:41.70	1:25.88	400m:	5:33.43	1:25.02	600m:	8:22.89	1:25.37
							700m:	9:46.18	1:23.29
							800m:	11:06.55	1:20.37
	Hiya Manchanda		09	Dolphin Aquatics				11:06.55	
	100m:	1:15.48	1:15.48	300m:	4:02.20	1:24.27	500m:	6:53.11	1:25.14
	200m:	2:37.93	1:22.45	400m:	5:27.97	1:25.77	600m:	8:18.87	1:25.76
							700m:	9:43.95	1:25.08
							800m:	11:06.55	1:22.60
17.	Disha Lalith		09	Basavanagudi Aquatic Centre				12:12.93	
	100m:	1:23.65	1:23.65	300m:	4:31.98	1:34.65	500m:	7:40.70	1:33.54
	200m:	2:57.33	1:33.68	400m:	6:07.16	1:35.18	600m:	9:13.55	1:32.85
							700m:	10:45.92	1:32.37
							800m:	12:12.93	1:27.01
EXH	Hashika Ramachandra		08	Dolphin Aquatics				9:36.19	
	100m:	1:07.49	1:07.49	300m:	3:34.71	1:13.71	500m:	6:01.97	1:13.61
	200m:	2:21.00	1:13.51	400m:	4:48.36	1:13.65	600m:	7:15.26	1:13.29
							700m:	8:27.53	1:12.27
							800m:	9:36.19	1:08.66

Event 3
12-08-2022

Men, 100m Breaststroke

SENIOR MEN
Results

SSR	1:04.34	Likith S P	NAC	Bengaluru	2019
SNR	1:01.97	Sandeep Sejwal		RSPB	2012

Rank			YB					Time	
1.	Vidith S Shankar		06	Dolphin Aquatics				1:08.61	
2.	Kalp S Bohra		04	Basavanagudi Aquatic Centre				1:08.90	
3.	Pruthvik D S		00	Basavanagudi Aquatic Centre				1:08.92	
4.	Manikanta L		04	Basavanagudi Aquatic Centre				1:09.82	
5.	Surya Jhoyappa O R		07	Basavanagudi Aquatic Centre				1:10.14	
6.	Pranav Bharathi M		05	Basavanagudi Aquatic Centre				1:10.94	
7.	Daniel Paul		09	Dolphin Aquatics				1:16.34	
8.	Raghav Swachandam		08	Nettakallappa Aquatic Center				1:16.86	
9.	Hrudhay Gopal		04	Nettakallappa Aquatic Center				1:26.55	



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Event 4 Women, 100m Breaststroke SENIOR WOMEN
12-08-2022 Results

SSR	1:16.73	. Harshitha Jayaram		Bangalore	2017
SSR	1:16.73	Saloni Dalal	BAC	Bangalore	2017
SNR	1:14.87	Saloni Dalal			2018

Rank		YB		Time
1.	Manavi Varma <i>NMR</i>	08	Dolphin Aquatics	1:16.73
2.	Vihitha Nayana	08	Basavanagudi Aquatic Centre	1:18.24
3.	S Lakshya	06	Basavanagudi Aquatic Centre	1:18.51
4.	Lineysha A K	07	Global Swim Centre	1:19.87
5.	Thanya S	09	Dolphin Aquatics	1:20.86
6.	Mihika Dutta	10	Dolphin Aquatics	1:21.74
7.	Hitaishi V	06	Vijayanagar Aquatic Centre	1:23.38
8.	Meghanjali ,	06	Global Swim Centre	1:24.42
9.	Jegashree Pooja	08	Basavanagudi Aquatic Centre	1:25.72
10.	Samanvi E.S.	08	Basavanagudi Aquatic Centre	1:26.25
11.	Aasra Sudhir	08	Basavanagudi Aquatic Centre	1:26.91
12.	Hiya Manchanda	09	Dolphin Aquatics	1:27.59
13.	Monya Kousumi K	09	Nettakallappa Aquatic Center	1:28.59
14.	Monita H	04	Dkv Aquatic Centre	1:29.95
15.	Nidhi Shashidhara	04	Basavanagudi Aquatic Centre	1:30.97
16.	Bhashika B K	07	Matsya Inc	1:35.89
17.	Siri Pyeneni	02	Global Swim Centre	1:39.86
EXH	Harshitha Jayaram	01	Global Swim Centre	1:17.99

Event 5 Men, 200m Backstroke SENIOR MEN
12-08-2022 Results

SSR	2:06.37	Srihari Nataraj	DOLPHIN	Bengaluru	2021
SNR	2:02.29	SRIHARI NATARAJ			2019

Points: FINA 2018

Rank		YB		Time	Pts	100m	200m
1.	Srihari Nataraj <i>NMR</i>	01	Dolphin Aquatics	2:04.08	733	59.02	1:05.06
2.	Siva S	00	Basavanagudi Aquatic Centre	2:05.43	710	1:00.88	1:04.55
3.	Utkarsh Santhosh Patil	05	Basavanagudi Aquatic Centre	2:07.69	673	1:00.88	1:06.81
4.	Jatin B	03	Global Swim Centre	2:20.09	509	1:04.97	1:15.12
5.	Yash Karthik	08	Basavanagudi Aquatic Centre	2:21.86	491	1:08.62	1:13.24
6.	Akash Mani	06	Basavanagudi Aquatic Centre	2:23.09	478	1:07.59	1:15.50
7.	Anish Achutha	05	Basavanagudi Aquatic Centre	2:26.14	449	1:09.96	1:16.18
8.	Vedanta V.M.	09	Basavanagudi Aquatic Centre	2:29.81	416	1:11.91	1:17.90
9.	Abhimanyu Nambiar	09	Dolphin Aquatics	2:35.50	372		
10.	Aniketh Bhat Arnady	07	Dolphin Aquatics	2:35.60	372	1:18.38	1:17.22
11.	Anantajit Mukherjee	07	Dolphin Aquatics	2:35.63	371	1:13.93	1:21.70



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Event 6 Women, 200m Backstroke SENIOR WOMEN
12-08-2022 Results

SSR	2:25.58	Suvana C. Baskar	DOLPHIN	Bengaluru	2021
SNR	2:19.30	MAANA PATEL			2015

Points: FINA 2018

Rank	YB	Club	Time	Pts	100m	200m
1.	Ridhima Veerendra Kumar <i>NMR</i>	07 Basavanagudi Aquatic Centre	2:24.54	632	1:09.56	1:14.98
2.	Shalini R Dixit	07 Dolphin Aquatics	2:27.34	596	1:11.10	1:16.24
3.	Ritu Bharamaraddi	05 Basavanagudi Aquatic Centre	2:37.94	484	1:14.96	1:22.98
4.	Aadhya Mohan	07 Basavanagudi Aquatic Centre	2:38.19	482	1:15.60	1:22.59
5.	Ambar J Singh	07 Dolphin Aquatics	2:41.69	451	1:19.49	1:22.20
6.	Naisha Shetty	06 Dolphin Aquatics	2:46.92	410	1:18.68	1:28.24
7.	Hitashree N	10 Nettakallappa Aquatic Center	2:57.80	339	1:26.10	1:31.70
EXH	Aarushi Agrawal	07 Dolphin Aquatics	2:46.73	411	1:17.97	1:28.76

Event 7 Men, 4 x 200m Freestyle SENIOR MEN
12-08-2022 Results

SSR	7:59.98	Basavanagudi Aquatic centre	KAR	BAC	2011
SNR	7:37.65	Karnataka		BANGALORE	2021

Rank	YB	Club	Time
1.	BAC-A <i>NMR</i>	Basavanagudi Aquatic Centre	7:56.33
	Dhyan Balakrishna	04	2:01.03
	Pavan Dhananjaya	07	2:04.37
	Siva S	00	1:58.77
	Aneesh S Gowda	04	1:52.16
2.	Dolphin Aquatics 1	Dolphin Aquatics	7:57.82
	Kartikeyan Nair	06	2:01.26
	Rishabh Singh Dhadwal	06	2:06.74
	Sambhav R	04	1:55.87
	Srihari Nataraj	01	1:53.95
3.	BAC-B	Basavanagudi Aquatic Centre	8:33.56
	Kalp S Bohra	04	2:07.83
	Dhakshan S	08	2:08.57
	Manoj B Nayaka	04	2:09.47
	Varungowda G	04	2:07.69
4.	Dolphin Aquatics 2	Dolphin Aquatics	8:47.60
	Navaneeth Gowda R	08	2:15.07
	Vidith S Shankar	06	2:10.21
	Aryan Bhatt Bhatt	08	2:07.46
	Anantajit Mukherjee	07	2:14.86



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Event 8 **Women, 4 x 100m Freestyle** **SENIOR WOMEN**
12-08-2022 **Results**

SSR	3:56.89	Basavanagudi Aquatic Centre	B A C "A"	BAC	2000
SNR	4:03.05	Maharastra		KERALA	2014

Rank					Time	
1.	Dolphin Aquatics 1	Dolphin Aquatics			4:06.94	
	Suvana C Baskar	03	1:01.53	Shalini R Dixit	07	1:02.30
	Rujula S	08	1:02.05	Nina Venkatesh	05	1:01.06
2.	Dolphin Aquatics 2	Dolphin Aquatics			4:11.89	
	Tanishi Gupta	10	1:02.33	Aarushi Agrawal	07	1:04.21
	Manavi Varma	08	1:03.99	Hashika Ramachandra	08	1:01.36
3.	BAC-A	Basavanagudi Aquatic Centre			4:13.24	
	Shirin	07	1:03.33	Vihitha Nayana	08	1:03.98
	Naisha	10	1:05.80	Ridhima Veerendra Kumar	07	1:00.13
4.	Gafray Swimming Program	Gafray Swimming Program			4:18.09	
	Ashmitha Chandra	05	1:04.80	Adya Nayak	04	1:05.89
	Priyanshi Misra	09	1:05.68	Latiesha Mandanna	05	1:01.72
5.	BAC-B	Basavanagudi Aquatic Centre			4:29.19	
	Meenakshi Menon	09	1:04.85	Aasra Sudhir	08	1:09.75
	Samanvi E.S.	08	1:09.00	Aditi N Mulay	07	1:05.59

Event 9 **Women, 400m Medley** **SENIOR WOMEN**
12-08-2022 **Results**

SSR	5:20.22	Tejaswini V	BAC	2006
SNR	4:59.17	Richa mishra	kerala	2018

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m	300m	400m		
1.	Jedidah A	05	Dkv Aquatic Centre	5:18.76	583	1:08.91	1:24.47	1:32.97	1:12.41
	<i>NMR</i>								
	50m:	150m:	250m:	350m:					
	100m: 1:08.91	200m: 2:33.38	300m: 4:06.35	400m: 5:18.76					
2.	S Lakshya	06	Basavanagudi Aquatic Cent	5:24.88	551	1:11.59	1:25.95	1:32.33	1:15.01
	50m:	150m:	250m:	350m:					
	100m: 1:11.59	200m: 2:37.54	300m: 4:09.87	400m: 5:24.88					
3.	Shirin	07	Basavanagudi Aquatic Cent	5:25.03	550	1:12.15	1:23.34	1:38.75	1:10.79
	50m:	150m:	250m:	350m:					
	100m: 1:12.15	200m: 2:35.49	300m: 4:14.24	400m: 5:25.03					
4.	Saba Suhana	08	Dolphin Aquatics	5:35.49	500	1:12.90	1:27.85	1:39.42	1:15.32
	50m:	150m:	250m:	350m:					
	100m: 1:12.90	200m: 2:40.75	300m: 4:20.17	400m: 5:35.49					
5.	Thanya S	09	Dolphin Aquatics	5:40.79	477	1:16.95	1:29.48	1:34.45	1:19.91
	50m:	150m:	250m:	350m:					
	100m: 1:16.95	200m: 2:46.43	300m: 4:20.88	400m: 5:40.79					
6.	Anumati Chougule	04	Basavanagudi Aquatic Cent	5:48.30	447	1:16.51	1:33.87	1:40.65	1:17.27
	50m:	150m:	250m:	350m:					
	100m: 1:16.51	200m: 2:50.38	300m: 4:31.03	400m: 5:48.30					
7.	Preetha V	03	Dkv Aquatic Centre	5:49.27	443	1:17.48	1:32.33	1:43.97	1:15.49
	50m:	150m:	250m:	350m:					
	100m: 1:17.48	200m: 2:49.81	300m: 4:33.78	400m: 5:49.27					
8.	Hitashree N	10	Nettakallappa Aquatic Cent	5:54.39	424	1:21.34	1:31.16	1:44.88	1:17.01
	50m:	150m:	250m:	350m:					
	100m: 1:21.34	200m: 2:52.50	300m: 4:37.38	400m: 5:54.39					
9.	Monya Kousumi K	09	Nettakallappa Aquatic Cent	6:10.67	371	1:20.55	1:35.85	1:52.42	1:21.85
	50m:	150m:	250m:	350m:					
	100m: 1:20.55	200m: 2:56.40	300m: 4:48.82	400m: 6:10.67					



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Event 9, Women, 400m Medley

EXH Hashika Ramachandra	08	Dolphin Aquatics	5:20.93	571	1:08.73	1:23.91	1:36.02	1:12.27
50m:		150m:	250m:		350m:			
100m: 1:08.73		200m: 2:32.64	300m: 4:08.66		400m: 5:20.93			

Event 10
12-08-2022

Men, 400m Medley

SENIOR MEN
Results

SSR	4:36.37	Siva S	BAC	Bengaluru	2019
SNR	4:30.13	Rehan Poncha		KAR	2009

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m	300m	400m	
1. Siva S <i>NMR</i>	00	Basavanagudi Aquatic Cent	4:33.77	706	59.98	1:11.48	1:19.13	1:03.18
50m:		150m:	250m:		350m:			
100m: 59.98		200m: 2:11.46	300m: 3:30.59		400m: 4:33.77			
2. Aneesh S Gowda	04	Basavanagudi Aquatic Cent	4:46.24	618	1:01.70	1:14.53	1:23.91	1:06.10
50m:		150m:	250m:		350m:			
100m: 1:01.70		200m: 2:16.23	300m: 3:40.14		400m: 4:46.24			
3. Kalp S Bohra	04	Basavanagudi Aquatic Cent	4:49.94	594	1:04.16	1:16.56	1:21.33	1:07.89
50m:		150m:	250m:		350m:			
100m: 1:04.16		200m: 2:20.72	300m: 3:42.05		400m: 4:49.94			
4. Pavan Dhananjaya	07	Basavanagudi Aquatic Cent	4:58.80	543	1:09.24	1:16.01	1:27.73	1:05.82
50m:		150m:	250m:		350m:			
100m: 1:09.24		200m: 2:25.25	300m: 3:52.98		400m: 4:58.80			
5. Nayan Vignesh P	05	Nettakallappa Aquatic Cent	4:59.25	541	1:02.10	1:17.88	1:30.59	1:08.68
50m:		150m:	250m:		350m:			
100m: 1:02.10		200m: 2:19.98	300m: 3:50.57		400m: 4:59.25			
6. Raghav Swachandam	08	Nettakallappa Aquatic Cent	5:07.47	498	1:09.01	1:20.44	1:26.38	1:11.64
50m:		150m:	250m:		350m:			
100m: 1:09.01		200m: 2:29.45	300m: 3:55.83		400m: 5:07.47			
7. Navaneeth Gowda R	08	Dolphin Aquatics	5:12.96	472	1:07.21	1:22.83	1:29.70	1:13.22
50m:		150m:	250m:		350m:			
100m: 1:07.21		200m: 2:30.04	300m: 3:59.74		400m: 5:12.96			
8. Sahil Dalal	06	Basavanagudi Aquatic Cent	5:13.53	470	1:08.40	1:24.84	1:30.09	1:10.20
50m:		150m:	250m:		350m:			
100m: 1:08.40		200m: 2:33.24	300m: 4:03.33		400m: 5:13.53			
9. Monish P V	09	Basavanagudi Aquatic Cent	5:34.15	388				
50m:		150m:	250m:		350m:			
100m:		200m:	300m:		400m: 5:34.15			

Event 11
12-08-2022

Women, 200m Freestyle

SENIOR WOMEN
Results

SSR	2:08.09	Malavika V	BAC	Bangalore	2017
SNR	2:05.80	Shivani Katariya	haryana		2019

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m	
1. Dhinidhi Desinghu	10	Dolphin Aquatics	2:11.96	627	1:04.88	1:07.08
2. Shalini R Dixit	07	Dolphin Aquatics	2:13.38	607	1:05.33	1:08.05
3. Rujula S	08	Dolphin Aquatics	2:13.97	599	1:05.52	1:08.45
4. Ashmitha Chandra	05	Gafray Swimming Program	2:14.06	598	1:05.32	1:08.74
5. Tanishi Gupta	10	Dolphin Aquatics	2:16.53	566	1:05.81	1:10.72
6. Aditi N Mulay	07	Basavanagudi Aquatic Centre	2:16.58	566	1:05.43	1:11.15
7. Shirin	07	Basavanagudi Aquatic Centre	2:16.94	561	1:06.34	1:10.60
8. Ambar J Singh	07	Dolphin Aquatics	2:19.94	526	1:08.38	1:11.56
9. Adya Nayak	04	Gafray Swimming Program	2:20.21	523	1:08.31	1:11.90
10. Naisha	10	Basavanagudi Aquatic Centre	2:20.47	520	1:09.03	1:11.44



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Event 11, Women, 200m Freestyle, SENIOR WOMEN

Rank	YB		Time	Pts	100m	200m	
11.	Aarushi Agrawal	07	Dolphin Aquatics	2:21.47	509	1:08.97	1:12.50
12.	Preetha V	03	Dkv Aquatic Centre	2:23.22	490	1:08.45	1:14.77
13.	Srishti Satishwar	06	Basavanagudi Aquatic Centre	2:25.17	471	1:09.84	1:15.33
14.	Samanvi E.S.	08	Basavanagudi Aquatic Centre	2:26.25	461	1:10.31	1:15.94
15.	Hitaishi V	06	Vijayanagar Aquatic Centre	2:28.01	444	1:10.76	1:17.25
16.	Sonakshi Sathyanarayanan	10	Matsya Inc	2:40.99	345	1:18.66	1:22.33
17.	Maira Manoj Alleluia	09	Basavanagudi Aquatic Centre	2:41.59	341	1:19.02	1:22.57
EXH	Hashika Ramachandra	08	Dolphin Aquatics	2:11.07	640	1:04.26	1:06.81

Event 12
12-08-2022
Men, 200m Freestyle
SENIOR MEN
Results

SSR	1:52.62	Srihari Nataraj	DOLPHIN	Bengaluru	2021
SNR	1:49.78	SRIHARI NATARAJ	KAR	BANGALORE	2021

Points: FINA 2018

Rank	YB		Time	Pts	100m	200m	
1.	Aneesh S Gowda	04	Basavanagudi Aquatic Centre	1:53.30	729	56.60	56.70
2.	Sambhavv R	04	Dolphin Aquatics	1:54.52	706	57.01	57.51
3.	Shivank Vishwanath	05	Gafray Swimming Program	1:57.96	646	57.88	1:00.08
4.	Dhyan Balakrishna	04	Basavanagudi Aquatic Centre	1:59.61	620	58.16	1:01.45
5.	Akshay R Shet	05	Global Swim Centre	2:01.76	587	57.63	1:04.13
6.	Dhoneesh N	06	Vijayanagar Aquatic Centre	2:02.52	577	2:02.52	
7.	Rishabh Singh Dhadwal	06	Dolphin Aquatics	2:05.18	540	1:00.82	1:04.36
8.	Manoj B Nayaka	04	Basavanagudi Aquatic Centre	2:05.68	534	59.93	1:05.75
9.	Anantajit Mukherjee	07	Dolphin Aquatics	2:06.21	527	2:06.27	
10.	Dhakshan S	08	Basavanagudi Aquatic Centre	2:07.02	517	1:02.51	1:04.51
11.	Anish Achutha	05	Basavanagudi Aquatic Centre	2:07.16	516	59.29	1:07.87
12.	Aryan Bhatt Bhatt	08	Dolphin Aquatics	2:07.56	511	2:07.56	
13.	Vishwathan S	06	Basavanagudi Aquatic Centre	2:08.46	500	1:00.75	1:07.71
14.	Monish P V	09	Basavanagudi Aquatic Centre	2:17.30	410	2:17.30	
EXH	Kartikeyan Nair	06	Dolphin Aquatics	2:04.99	543	59.21	1:05.78

Event 13
12-08-2022
Women, 50m Butterfly
SENIOR WOMEN
Results

SSR	28.67	Shubha C	BAC	2009
SNR	28.33	DIVYA SATIJA		2019

Rank	YB		Time
1.	Nina Venkatesh <i>NMR</i>	05	Dolphin Aquatics 28.59
2.	Tanishi Gupta	10	Dolphin Aquatics 29.43
3.	Jedidah A	05	Dkv Aquatic Centre 29.77
4.	Dhinidhi Desinghu	10	Dolphin Aquatics 30.14
5.	Latiesha Mandanna	05	Gafray Swimming Program 30.20
6.	Naisha Shetty	06	Dolphin Aquatics 30.51
7.	Thithikshaa H	05	Dolphin Aquatics 30.85
8.	Suhasini Ghosh	09	Dolphin Aquatics 31.68
9.	Tanisha Vinay	09	Basavanagudi Aquatic Centre 31.84
10.	Janya B.S.	08	Basavanagudi Aquatic Centre 31.90
11.	Srishti Satishwar	06	Basavanagudi Aquatic Centre 32.29
12.	Mihika Dutta	10	Dolphin Aquatics 32.82
13.	G Shah Siddhi	08	Dolphin Aquatics 33.17



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Event 13, Women, 50m Butterfly, SENIOR WOMEN

Rank		YB		Time
14.	Disha Lalith	09	Basavanagudi Aquatic Centre	35.56
15.	Ria Vijay B	02	Nettakallappa Aquatic Center	36.53
16.	Bhashika B K	07	Matsya Inc	36.67
17.	Sonakshi Sathyanarayanan	10	Matsya Inc	37.52
18.	Siri Pyeneni	02	Global Swim Centre	43.13
EXH	Manavi Varma	08	Dolphin Aquatics	29.98
EXH	Rujula S	08	Dolphin Aquatics	30.30
EXH	Aadhya Mohan	07	Basavanagudi Aquatic Centre	32.05
EXH	Harshitha Jayaram	01	Global Swim Centre	32.33

Event 14
12-08-2022

Men, 50m Butterfly

SENIOR MEN
Results

SSR	25.61	Rakshith U Shetty	BSRC	Bengaluru	2019
SNR	24.19	VEERDHAWAK KHADE			2019

Rank		YB		Time
1.	Prithvi M	96	Basavanagudi Aquatic Centre	25.62
2.	Sambhav R	04	Dolphin Aquatics	26.02
3.	Nayan Vignesh P	05	Nettakallappa Aquatic Center	26.30
4.	Jatin B	03	Global Swim Centre	26.52
5.	Kartikeyan Nair	06	Dolphin Aquatics	26.54
6.	Aditya Bhandary	02	Basavanagudi Aquatic Centre	26.64
7.	Anirudh H Murali	00	Basavanagudi Aquatic Centre	26.75
8.	Raj Vinayak Relekar	03	Basavanagudi Aquatic Centre	26.81
9.	Vidith S Shankar	06	Dolphin Aquatics	26.92
10.	Kartik Ravi	00	Global Swim Centre	26.96
11.	Dhyaan M	05	Global Swim Centre	27.08
12.	Shreyas Venkatesh	05	Basavanagudi Aquatic Centre	27.65
13.	Vaibhav R Shet	03	Global Swim Centre	27.93
14.	Prakyath Gowda D	01	Vijayanagar Aquatic Centre	28.20
15.	Aditya Prabhu	05	Basavanagudi Aquatic Centre	28.46
16.	Surya Jhoyappa O R	07	Basavanagudi Aquatic Centre	28.74
17.	Manan Chinivar	06	Matsya Inc	28.78
18.	S Akshaj	05	Matsya Inc	28.87
19.	Akshaj Thakuria	10	Dolphin Aquatics	28.91
20.	Srujan P Shandilya	07	Basavanagudi Aquatic Centre	29.10
21.	Ghanashyam R	08	Global Swim Centre	30.13
22.	Soham Mondal	08	Dolphin Aquatics	31.04
23.	Vedanta V.M.	09	Basavanagudi Aquatic Centre	31.22
24.	Girinandana D A	06	Basavanagudi Aquatic Centre	32.43
EXH	Srihari Nataraj NMR	01	Dolphin Aquatics	24.80



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Event 15 12-08-2022	Women, 4 x 200m Freestyle			SENIOR WOMEN Results
SSR	9:01.95	Basavanagudi aquatic centre	BAC	2003
SNR	8:53.83	Maharashtra	MAH	2012

Rank			Time
1.	Dolphin Aquatics 1	Dolphin Aquatics	9:09.25
	Suvana C Baskar	03	2:16.29
	Shalini R Dixit	07	2:18.32
	Rujula S	08	2:17.02
	Dhinidhi Desinghu	10	2:17.62
2.	Dolphin Aquatics 2	Dolphin Aquatics	9:16.83
	Tanishi Gupta	10	2:19.44
	Aarushi Agrawal	07	2:24.04
	Saba Suhana	08	2:22.14
	Hashika Ramachandra	08	2:11.21
3.	BAC-A	Basavanagudi Aquatic Centre	9:20.22
	Anumati Chougule	04	2:21.98
	Naisha	10	2:22.50
	Vihitha Nayana	08	2:19.78
	Shirin	07	2:15.96
4.	BAC-B	Basavanagudi Aquatic Centre	9:25.58
	Meenakshi Menon	09	2:19.65
	S Lakshya	06	2:22.73
	Aasra Sudhir	08	2:24.27
	Aditi N Mulay	07	2:18.93

Event 16 12-08-2022	Men, 4 x 100m Freestyle			SENIOR MEN Results
SSR	3:35.94	Bangalore Swimming Research CerBSRC	Bengaluru	2019
SNR	3:29.32	R S P B	R S P B	2014

Rank			Time
1.	BAC-A	Basavanagudi Aquatic Centre	3:32.65
	<i>NMR</i>		
	Utkarsh Santhosh Patil	05	54.10
	Raj Vinayak Relekar	03	53.74
	Siva S	00	52.78
	Aneesh S Gowda	04	52.03
2.	Dolphin Aquatics 1	Dolphin Aquatics	3:34.17
	Sambhav R	04	53.53
	Rishabh Singh Dhadwal	06	55.55
	Kartikayan Nair	06	55.00
	Srihari Nataraj	01	50.09
3.	BAC-B	Basavanagudi Aquatic Centre	3:48.46
	Dhyan Balakrishna	04	55.81
	Pavan Dhananjaya	07	59.13
	Vishwathan S	06	58.05
	Anirudh H Murali	00	55.47
4.	Dolphin Aquatics 2	Dolphin Aquatics	3:52.79
	Aryan Bhatt Bhatt	08	58.05
	Anantajit Mukherjee	07	57.51
	Navaneeth Gowda R	08	59.24
	Vidith S Shankar	06	57.99



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Event 17
13-08-2022

Men, 1500m Freestyle

SENIOR MEN
Results

SSR	16:08.68	Aneesh S. Gowda	BAC	Bengaluru	2021
SNR	15:38.13	KUSHAGRA RAWAT	DELHI		

Rank		YB		Time
1.	Aneesh S Gowda	04	Basavanagudi Aquatic Centre	16:23.33
	100m: 1:03.13 1:03.13	500m: 5:26.98 1:06.43	900m: 9:52.71 1:06.82	1300m: 14:15.95 1:05.66
	200m: 2:08.57 1:05.44	600m: 6:33.27 1:06.29	1000m: 10:58.68 1:05.97	1400m: 15:20.57 1:04.62
	300m: 3:14.57 1:06.00	700m: 7:39.64 1:06.37	1100m: 12:04.57 1:05.89	1500m: 16:23.33 1:02.76
	400m: 4:20.55 1:05.98	800m: 8:45.89 1:06.25	1200m: 13:10.29 1:05.72	
2.	Shivank Vishwanath	05	Gafray Swimming Program	16:41.94
	100m: 1:04.31 1:04.31	500m: 5:32.33 1:07.15	900m: 10:02.28 1:06.97	1300m: 14:32.45 1:07.78
	200m: 2:11.29 1:06.98	600m: 6:40.08 1:07.75	1000m: 11:09.47 1:07.19	1400m: 15:40.10 1:07.65
	300m: 3:18.34 1:07.05	700m: 7:47.63 1:07.55	1100m: 12:16.73 1:07.26	1500m: 16:41.94 1:01.84
	400m: 4:25.18 1:06.84	800m: 8:55.31 1:07.68	1200m: 13:24.67 1:07.94	
3.	Pavan Dhananjaya	07	Basavanagudi Aquatic Centre	16:55.42
	100m: 1:05.00 1:05.00	500m: 5:33.32 1:07.39	900m: 10:04.38 1:07.94	1300m: 14:39.27 1:09.07
	200m: 2:12.02 1:07.02	600m: 6:41.09 1:07.77	1000m: 11:12.59 1:08.21	1400m: 15:48.49 1:09.22
	300m: 3:18.98 1:06.96	700m: 7:48.90 1:07.81	1100m: 12:21.18 1:08.59	1500m: 16:55.42 1:06.93
	400m: 4:25.93 1:06.95	800m: 8:56.44 1:07.54	1200m: 13:30.20 1:09.02	
4.	Dhoneesh N	06	Vijayanagar Aquatic Centre	17:36.37
	100m: 1:06.02 1:06.02	500m: 5:49.16 1:11.19	900m: 10:33.39 1:11.58	1300m: 15:17.57 1:10.86
	200m: 2:16.17 1:10.15	600m: 6:59.35 1:10.19	1000m: 11:44.67 1:11.28	1400m: 16:28.22 1:10.65
	300m: 3:26.68 1:10.51	700m: 8:10.45 1:11.10	1100m: 12:55.65 1:10.98	1500m: 17:36.37 1:08.15
	400m: 4:37.97 1:11.29	800m: 9:21.81 1:11.36	1200m: 14:06.71 1:11.06	
5.	Dharshan S	08	Basavanagudi Aquatic Centre	17:39.19
	100m: 1:06.42 1:06.42	500m: 5:48.76 1:10.75	900m: 10:32.55 1:11.50	1300m: 15:18.89 1:11.31
	200m: 2:16.37 1:09.95	600m: 6:59.42 1:10.66	1000m: 11:43.82 1:11.27	1400m: 16:30.04 1:11.15
	300m: 3:27.17 1:10.80	700m: 8:10.29 1:10.87	1100m: 12:55.60 1:11.78	1500m: 17:39.19 1:09.15
	400m: 4:38.01 1:10.84	800m: 9:21.05 1:10.76	1200m: 14:07.58 1:11.98	
6.	Dhakshan S	08	Basavanagudi Aquatic Centre	17:49.40
	100m: 1:07.88 1:07.88	500m: 5:54.19 1:11.64	900m: 10:41.01 1:11.72	1300m: 15:28.50 1:12.25
	200m: 2:19.10 1:11.22	600m: 7:05.96 1:11.77	1000m: 11:52.81 1:11.80	1400m: 16:40.71 1:12.21
	300m: 3:30.83 1:11.73	700m: 8:17.75 1:11.79	1100m: 13:04.75 1:11.94	1500m: 17:49.40 1:08.69
	400m: 4:42.55 1:11.72	800m: 9:29.29 1:11.54	1200m: 14:16.25 1:11.50	
7.	Prashans H M	06	Basavanagudi Aquatic Centre	17:49.51
	100m: 1:07.10 1:07.10	500m: 5:54.31 1:11.49	900m: 10:40.82 1:11.18	1300m: 15:28.53 1:12.14
	200m: 2:18.75 1:11.65	600m: 7:06.15 1:11.84	1000m: 11:52.90 1:12.08	1400m: 16:40.71 1:12.18
	300m: 3:30.92 1:12.17	700m: 8:17.90 1:11.75	1100m: 13:04.72 1:11.82	1500m: 17:49.51 1:08.80
	400m: 4:42.82 1:11.90	800m: 9:29.64 1:11.74	1200m: 14:16.39 1:11.67	
8.	Varungowda G	04	Basavanagudi Aquatic Centre	17:52.21
	100m: 1:05.52 1:05.52	500m: 5:50.29 1:12.41	900m: 10:38.69 1:12.43	1300m: 15:29.48 1:12.95
	200m: 2:14.72 1:09.20	600m: 7:01.96 1:11.67	1000m: 11:51.34 1:12.65	1400m: 16:42.10 1:12.62
	300m: 3:25.72 1:11.00	700m: 8:13.82 1:11.86	1100m: 13:03.94 1:12.60	1500m: 17:52.21 1:10.11
	400m: 4:37.88 1:12.16	800m: 9:26.26 1:12.44	1200m: 14:16.53 1:12.59	
9.	Neelesh Das	06	Dolphin Aquatics	18:02.85
	100m: 1:07.19 1:07.19	500m: 5:57.90 1:12.27	900m: 10:48.82 1:13.32	1300m: 15:40.86 1:14.37
	200m: 2:19.66 1:12.47	600m: 7:10.31 1:12.41	1000m: 12:01.22 1:12.40	1400m: 16:52.32 1:11.46
	300m: 3:32.36 1:12.70	700m: 8:22.86 1:12.55	1100m: 13:13.82 1:12.60	1500m: 18:02.85 1:10.53
	400m: 4:45.63 1:13.27	800m: 9:35.50 1:12.64	1200m: 14:26.49 1:12.67	
10.	Sanjith J	05	Basavanagudi Aquatic Centre	18:16.16
	100m: 1:04.65 1:04.65	500m: 5:48.34 1:13.84	900m: 10:49.79 1:16.02	1300m: 15:50.89 1:15.36
	200m: 2:12.51 1:07.86	600m: 7:03.22 1:14.88	1000m: 12:03.24 1:13.45	1400m: 17:04.35 1:13.46
	300m: 3:22.16 1:09.65	700m: 8:18.65 1:15.43	1100m: 13:19.17 1:15.93	1500m: 18:16.16 1:11.81
	400m: 4:34.50 1:12.34	800m: 9:33.77 1:15.12	1200m: 14:35.53 1:16.36	



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Event 17, Men, 1500m Freestyle, SENIOR MEN

Rank			YB					Time	
11.	Monish P V		09	Basavanagudi Aquatic Centre				18:19.68	
	100m:	1:08.83	1:08.83	500m:	6:04.50	1:14.27	900m:	11:00.59	1:13.98
	200m:	2:22.97	1:14.14	600m:	7:18.25	1:13.75	1000m:	12:14.55	1:13.96
	300m:	3:36.44	1:13.47	700m:	8:32.62	1:14.37	1100m:	13:28.40	1:13.85
	400m:	4:50.23	1:13.79	800m:	9:46.61	1:13.99	1200m:	14:42.28	1:13.88
12.	Prithviraj Menon		09	Basavanagudi Aquatic Centre				18:20.46	
	100m:	1:07.77	1:07.77	500m:	6:02.75	1:14.47	900m:	10:59.58	1:13.86
	200m:	2:20.96	1:13.19	600m:	7:17.33	1:14.58	1000m:	12:13.57	1:13.99
	300m:	3:34.39	1:13.43	700m:	8:31.61	1:14.28	1100m:	13:27.50	1:13.93
	400m:	4:48.28	1:13.89	800m:	9:45.72	1:14.11	1200m:	14:41.65	1:14.15
13.	Aniketh Bhat Arnady		07	Dolphin Aquatics				18:32.35	
	100m:	1:11.51	1:11.51	500m:	6:08.34	1:14.77	900m:	11:06.70	1:14.95
	200m:	2:25.28	1:13.77	600m:	7:22.75	1:14.41	1000m:	12:21.15	1:14.45
	300m:	3:39.30	1:14.02	700m:	8:37.00	1:14.25	1100m:	13:36.00	1:14.85
	400m:	4:53.57	1:14.27	800m:	9:51.75	1:14.75	1200m:	14:51.40	1:15.40
14.	Anish Kore		09	Basavanagudi Aquatic Centre				19:01.21	
	100m:	1:09.78	1:09.78	500m:	6:16.41	1:16.75	900m:	11:23.61	1:16.47
	200m:	2:26.03	1:16.25	600m:	7:33.48	1:17.07	1000m:	12:40.27	1:16.66
	300m:	3:42.67	1:16.64	700m:	8:50.58	1:17.10	1100m:	13:57.48	1:17.21
	400m:	4:59.66	1:16.99	800m:	10:07.14	1:16.56	1200m:	15:14.55	1:17.07

Event 18
13-08-2022

Women, 1500m Freestyle

SENIOR WOMEN
Results

SSR	17:50.95	Surabhi Tipre	BAC	2011
SNR	17:39.16	Malavika V	KAR	2014

Rank			YB					Time	
1.	Shirin		07	Basavanagudi Aquatic Centre				18:29.98	
	100m:	1:08.69	1:08.69	500m:	6:02.75	1:13.64	900m:	10:58.88	1:14.47
	200m:	2:22.28	1:13.59	600m:	7:16.29	1:13.54	1000m:	12:13.60	1:14.72
	300m:	3:35.82	1:13.54	700m:	8:30.21	1:13.92	1100m:	13:29.03	1:15.43
	400m:	4:49.11	1:13.29	800m:	9:44.41	1:14.20	1200m:	14:43.93	1:14.90
2.	Ashmitha Chandra		05	Gafray Swimming Program				18:33.21	
	100m:	1:08.36	1:08.36	500m:	6:05.70	1:15.76	900m:	11:07.94	1:14.88
	200m:	2:21.80	1:13.44	600m:	7:22.02	1:16.32	1000m:	12:22.68	1:14.74
	300m:	3:35.78	1:13.98	700m:	8:37.91	1:15.89	1100m:	13:37.36	1:14.68
	400m:	4:49.94	1:14.16	800m:	9:53.06	1:15.15	1200m:	14:51.93	1:14.57
3.	Aditi N Mulay		07	Basavanagudi Aquatic Centre				18:50.61	
	100m:	1:09.26	1:09.26	500m:	6:11.37	1:16.12	900m:	11:13.14	1:15.44
	200m:	2:24.16	1:14.90	600m:	7:26.14	1:14.77	1000m:	12:29.53	1:16.39
	300m:	3:39.03	1:14.87	700m:	8:42.02	1:15.88	1100m:	13:45.52	1:15.99
	400m:	4:55.25	1:16.22	800m:	9:57.70	1:15.68	1200m:	15:03.50	1:17.98
4.	Meenakshi Menon		09	Basavanagudi Aquatic Centre				19:09.09	
	100m:	1:09.98	1:09.98	500m:	6:12.01	1:16.61	900m:	11:21.99	1:16.74
	200m:	2:24.42	1:14.44	600m:	7:29.11	1:17.10	1000m:	12:40.01	1:18.02
	300m:	3:39.06	1:14.64	700m:	8:47.28	1:18.17	1100m:	13:57.80	1:17.79
	400m:	4:55.40	1:16.34	800m:	10:05.25	1:17.97	1200m:	15:16.56	1:18.76
5.	Saba Suhana		08	Dolphin Aquatics				19:11.31	
	100m:	1:11.94	1:11.94	500m:	6:20.37	1:17.51	900m:	11:32.51	1:17.97
	200m:	2:29.23	1:17.29	600m:	7:37.92	1:17.55	1000m:	12:50.03	1:17.52
	300m:	3:46.16	1:16.93	700m:	8:56.21	1:18.29	1100m:	14:07.57	1:17.54
	400m:	5:02.86	1:16.70	800m:	10:14.54	1:18.33	1200m:	15:25.14	1:17.57



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Event 18, Women, 1500m Freestyle, SENIOR WOMEN

Rank	YB		Time	
6. Rujula S	08	Dolphin Aquatics	19:12.56	
100m: 1:11.75 1:11.75	500m: 6:21.09 1:17.83	900m: 11:35.17 1:19.05	1300m: 16:48.13 1:18.00	
200m: 2:28.14 1:16.39	600m: 7:39.32 1:18.23	1000m: 12:53.21 1:18.04	1400m: 18:02.44 1:14.31	
300m: 3:45.45 1:17.31	700m: 8:57.56 1:18.24	1100m: 14:11.84 1:18.63	1500m: 19:12.56 1:10.12	
400m: 5:03.26 1:17.81	800m: 10:16.12 1:18.56	1200m: 15:30.13 1:18.29		
7. Sri Charani Tumu	09	Global Swim Centre	19:30.08	
100m: 1:12.50 1:12.50	500m: 6:26.77 1:19.27	900m: 11:41.98 1:18.74	1300m: 16:58.15 1:19.20	
200m: 2:30.55 1:18.05	600m: 7:45.67 1:18.90	1000m: 13:01.25 1:19.27	1400m: 18:16.13 1:17.98	
300m: 3:48.43 1:17.88	700m: 9:04.54 1:18.87	1100m: 14:20.15 1:18.90	1500m: 19:30.08 1:13.95	
400m: 5:07.50 1:19.07	800m: 10:23.24 1:18.70	1200m: 15:38.95 1:18.80		
8. Aasra Sudhir	08	Basavanagudi Aquatic Centre	20:20.04	
100m: 1:13.55 1:13.55	500m: 6:43.07 1:22.93	900m: 12:10.81 1:21.33	1300m: 17:41.05 1:22.67	
200m: 2:34.64 1:21.09	600m: 8:05.85 1:22.78	1000m: 13:33.07 1:22.26	1400m: 19:02.42 1:21.37	
300m: 3:56.94 1:22.30	700m: 9:27.93 1:22.08	1100m: 14:55.54 1:22.47	1500m: 20:20.04 1:17.62	
400m: 5:20.14 1:23.20	800m: 10:49.48 1:21.55	1200m: 16:18.38 1:22.84		
9. Namrata Venkatesh	08	Basavanagudi Aquatic Centre	20:30.90	
100m: 1:14.36 1:14.36	500m: 6:42.96 1:22.61	900m: 12:13.66 1:22.25	1300m: 17:46.18 1:23.38	
200m: 2:35.69 1:21.33	600m: 8:05.71 1:22.75	1000m: 13:36.55 1:22.89	1400m: 19:08.76 1:22.58	
300m: 3:57.94 1:22.25	700m: 9:28.88 1:23.17	1100m: 14:59.13 1:22.58	1500m: 20:30.90 1:22.14	
400m: 5:20.35 1:22.41	800m: 10:51.41 1:22.53	1200m: 16:22.80 1:23.67		
10. Aaradhana S Gowda	07	Dolphin Aquatics	21:11.00	
100m: 1:15.78 1:15.78	500m: 6:56.83 1:23.12	900m: 12:36.94 1:25.40	1300m: 18:22.78 1:25.97	
200m: 2:42.21 1:26.43	600m: 8:21.23 1:24.40	1000m: 14:04.20 1:27.26	1400m: 19:49.45 1:26.67	
300m: 4:07.50 1:25.29	700m: 9:47.15 1:25.92	1100m: 15:30.95 1:26.75	1500m: 21:11.00 1:21.55	
400m: 5:33.71 1:26.21	800m: 11:11.54 1:24.39	1200m: 16:56.81 1:25.86		
EXH Hashika Ramachandra	08	Dolphin Aquatics	18:23.81	
100m: 1:08.15 1:08.15	500m: 6:03.51 1:14.09	900m: 11:00.67 1:14.31	1300m: 15:56.45 1:14.27	
200m: 2:21.99 1:13.84	600m: 7:17.58 1:14.07	1000m: 12:14.79 1:14.12	1400m: 17:11.41 1:14.96	
300m: 3:35.97 1:13.98	700m: 8:32.00 1:14.42	1100m: 13:27.99 1:13.20	1500m: 18:23.81 1:12.40	
400m: 4:49.42 1:13.45	800m: 9:46.36 1:14.36	1200m: 14:42.18 1:14.19		

Event 19
13-08-2022

Men, 200m Breaststroke

SENIOR MEN
Results

SSR	2:22.41	Vidith S Shankar	DOLPHIN	Bengaluru	2021
SNR	2:15.22	Sandeep Sejwal		RSPB	2013

Points: FINA 2018

Rank	YB		Time	Pts	100m	200m
1.	04	Basavanagudi Aquatic Centre	2:27.15	637	1:11.91	1:15.24
2.	06	Dolphin Aquatics	2:27.22	636	1:10.84	1:16.38
3.	05	Basavanagudi Aquatic Centre	2:31.00	590	1:12.44	1:18.56
4.	04	Basavanagudi Aquatic Centre	2:31.47	584	1:11.48	1:19.99
5.	07	Basavanagudi Aquatic Centre	2:35.08	544	1:13.91	1:21.17
6.	05	Basavanagudi Aquatic Centre	2:39.16	504	1:16.70	1:22.46
7.	08	Dolphin Aquatics	2:41.35	483	1:15.50	1:25.85
8.	08	Nettakallappa Aquatic Center	2:43.90	461	1:19.39	1:24.51
9.	06	Basavanagudi Aquatic Centre	2:44.14	459	1:19.17	1:24.97
10.	08	Basavanagudi Aquatic Centre	2:46.67	438	1:20.17	1:26.50
11.	08	Basavanagudi Aquatic Centre	2:56.79	367	1:25.73	1:31.06
12.	09	Basavanagudi Aquatic Centre	2:56.81	367	22.01	2:34.80

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Event 20
13-08-2022

Women, 200m Breaststroke

SENIOR WOMEN
Results

SSR	2:46.71	Saloni Dalal	BAC	Bengaluru	2019
SNR	2:41.88	Saloni Dalal	KAR	Kerala	2018

Points: FINA 2018

Rank	YB		Time	Pts	100m	200m
1.	S Lakshya	06 Basavanagudi Aquatic Centre	2:46.78	580	1:20.01	1:26.77
2.	Lineysha A K	07 Global Swim Centre	2:48.52	562	1:20.40	1:28.12
3.	Manavi Varma	08 Dolphin Aquatics	2:50.90	539	1:22.25	1:28.65
4.	Vihitha Nayana	08 Basavanagudi Aquatic Centre	2:55.00	502	1:22.75	1:32.25
5.	Mihika Dutta	10 Dolphin Aquatics	2:55.73	496	1:25.33	1:30.40
6.	Thanya S	09 Dolphin Aquatics	2:57.70	479	1:25.42	1:32.28
7.	Samanvi E.S.	08 Basavanagudi Aquatic Centre	3:00.20	460	1:26.88	1:33.32
8.	Hitaishi V	06 Vijayanagar Aquatic Centre	3:02.84	440	1:25.71	1:37.13
9.	Jegashree Pooja	08 Basavanagudi Aquatic Centre	3:03.81	433	1:26.67	1:37.14
10.	Hiya Manchanda	09 Dolphin Aquatics	3:09.39	396	1:32.08	1:37.31
11.	Monita H	04 Dkv Aquatic Centre	3:09.77	393	1:32.52	1:37.25
12.	Naisha	10 Basavanagudi Aquatic Centre	3:12.76	375	1:32.51	1:40.25
13.	Nidhi Shashidhara	04 Basavanagudi Aquatic Centre	3:17.13	351	1:34.68	1:42.45
14.	Bhashika B K	07 Matsya Inc	3:18.40	344	1:33.66	1:44.74
EXH	Harshitha Jayaram NMR	01 Global Swim Centre	2:46.02	588	1:19.17	1:26.85

Event 21
13-08-2022

Men, 100m Butterfly

SENIOR MEN
Results

SSR	55.59	Tanish George Mathew	B A C	Bengaluru	2021
SNR	53.46	Sajan Prakash	kerala	kerala	2018

Rank	YB		Time
1.	Sambhav R	04 Dolphin Aquatics	56.80
2.	Prithvi M	96 Basavanagudi Aquatic Centre	56.84
3.	Nayan Vignesh P	05 Nettakallappa Aquatic Center	57.02
4.	Utkarsh Santhosh Patil	05 Basavanagudi Aquatic Centre	57.04
5.	Kartikeyan Nair	06 Dolphin Aquatics	57.19
6.	Raj Vinayak Relekar	03 Basavanagudi Aquatic Centre	58.14
7.	Rishabh Singh Dhadwal	06 Dolphin Aquatics	59.61
8.	Jatin B	03 Global Swim Centre	59.86
9.	Shreyas Venkatesh	05 Basavanagudi Aquatic Centre	1:01.34
10.	Dharshan S	08 Basavanagudi Aquatic Centre	1:02.40
11.	Aryan Bhatt Bhatt	08 Dolphin Aquatics	1:03.37
12.	NIRANJAN KARTHIK B	07 Global Swim Centre	1:03.54
13.	Akshaj Thakuria	10 Dolphin Aquatics	1:04.45
14.	Srujan P Shandilya	07 Basavanagudi Aquatic Centre	1:05.08
15.	Sathvik Prasanna	08 Nettakallappa Aquatic Center	1:06.96
16.	Soham Mondal	08 Dolphin Aquatics	1:08.57
17.	Ghanashyam R	08 Global Swim Centre	1:08.76
18.	Aryan Manish	09 Basavanagudi Aquatic Centre	1:11.44
19.	Hrudhay Gopal	04 Nettakallappa Aquatic Center	1:15.80



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Event 22
13-08-2022

Women, 100m Butterfly

SENIOR WOMEN
Results

SSR	1:03.92	Arhatha Magavi	BAC	2009
SNR	1:03.24	Arhatha Marghavi	KAR	2009

Rank	YB		Time
1.	05	Dolphin Aquatics	1:04.38
2.	10	Dolphin Aquatics	1:04.88
3.	05	Dkv Aquatic Centre	1:05.59
4.	10	Dolphin Aquatics	1:07.41
5.	05	Gafray Swimming Program	1:07.71
6.	06	Dolphin Aquatics	1:08.70
7.	05	Dolphin Aquatics	1:09.92
8.	09	Basavanagudi Aquatic Centre	1:10.26
9.	09	Dolphin Aquatics	1:11.16
10.	09	Nettakallappa Aquatic Center	1:12.07
11.	07	Basavanagudi Aquatic Centre	1:12.68
12.	08	Basavanagudi Aquatic Centre	1:12.85
13.	04	Gafray Swimming Program	1:13.35
14.	08	Dolphin Aquatics	1:15.57
EXH	08	Dolphin Aquatics	1:05.60

Event 23
13-08-2022

Men, 50m Freestyle

SENIOR MEN
Results

SSR	23.73	Sambhav R	B S R C	Bengaluru	2021
SNR	22.44	VEERDHAWAL KHADE			2019

Rank	YB		Time
1.	04	Dolphin Aquatics	24.57
2.	96	Basavanagudi Aquatic Centre	24.66
3.	00	Basavanagudi Aquatic Centre	24.93
4.	00	Basavanagudi Aquatic Centre	25.17
	05	Global Swim Centre	25.17
6.	03	Basavanagudi Aquatic Centre	25.21
7.	02	Basavanagudi Aquatic Centre	25.44
8.	06	Dolphin Aquatics	25.45
9.	04	Basavanagudi Aquatic Centre	25.49
	00	Global Swim Centre	25.49
11.	05	Global Swim Centre	25.61
12.	06	Basavanagudi Aquatic Centre	25.73
13.	03	Global Swim Centre	25.81
14.	01	Vijayanagar Aquatic Centre	26.10
15.	04	Basavanagudi Aquatic Centre	26.17
16.	07	Dolphin Aquatics	26.48
17.	07	Basavanagudi Aquatic Centre	27.53
18.	05	Matsya Inc	27.67
19.	04	Pet Aquatic Center	27.76
20.	08	Nettakallappa Aquatic Center	28.26
21.	08	Global Swim Centre	29.53
22.	05	Dolphin Aquatics	34.95
sick	01	Dolphin Aquatics	



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Event 23, Men, 50m Freestyle

EXH Aneesh S Gowda	04	Basavanagudi Aquatic Centre	24.15
EXH Kartikeyan Nair	06	Dolphin Aquatics	25.49

Event 24
13-08-2022

Women, 50m Freestyle

SENIOR WOMEN
Results

SSR	27.12	Shikha Tandon	K C R	2005
SNR	26.61	Shika Tandon	KAR	2003

Rank	YB	Time
1. Nina Venkatesh	05 Dolphin Aquatics	27.98
2. Ridhima Veerendra Kumar	07 Basavanagudi Aquatic Centre	28.33
Rujula S	08 Dolphin Aquatics	28.33
Latiesha Mandanna	05 Gafray Swimming Program	28.33
5. Dhinidhi Desinghu	10 Dolphin Aquatics	28.67
6. Vihitha Nayana	08 Basavanagudi Aquatic Centre	29.02
7. Dhruthi K R	05 Global Swim Centre	29.10
8. Sri Charani Tumu	09 Global Swim Centre	29.12
9. Sp Charu Hamsini	07 Nettakallappa Aquatic Center	29.50
10. Pihu Pant	06 Basavanagudi Aquatic Centre	29.77
11. Vindya G Bhandary	04 Basavanagudi Aquatic Centre	29.80
12. Harshitha Jayaram	01 Global Swim Centre	31.02
13. Samanvi E.S.	08 Basavanagudi Aquatic Centre	31.22
Jegashree Pooja	08 Basavanagudi Aquatic Centre	31.22
15. Ria Vijay B	02 Nettakallappa Aquatic Center	31.68
16. Siri Pyeneni	02 Global Swim Centre	34.39
EXH Shalini R Dixit	07 Dolphin Aquatics	28.14
EXH Tanishi Gupta	10 Dolphin Aquatics	29.15
EXH Aarushi Agrawal	07 Dolphin Aquatics	29.32

Event 25
13-08-2022

Men, 200m Medley

SENIOR MEN
Results

SSR	2:07.61	Siva S	BAC	Bengaluru	2021
SNR	2:05.83	sajan prakash		kerala	2018

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m
1. Siva S	00 Basavanagudi Aquatic Centre	2:06.77	727	58.18	1:08.59
	NMR				
2. Nayan Vignesh P	05 Nettakallappa Aquatic Center	2:12.92	630	1:01.28	1:11.64
3. Shivank Vishwanath	05 Gafray Swimming Program	2:15.47	595	1:04.49	1:10.98
4. Kalp S Bohra	04 Basavanagudi Aquatic Centre	2:15.52	595	1:03.41	1:12.11
5. Jatin B	03 Global Swim Centre	2:19.72	543	1:02.47	1:17.25
6. Litheesh G Gowda	03 Basavanagudi Aquatic Centre	2:23.09	505	1:06.10	1:16.99
7. Surya Jhoyappa O R	07 Basavanagudi Aquatic Centre	2:23.14	505	1:09.22	1:13.92
8. Yash Karthik	08 Basavanagudi Aquatic Centre	2:24.66	489	1:07.48	1:17.18
9. Varungowda G	04 Basavanagudi Aquatic Centre	2:24.72	488	1:08.37	1:16.35
10. Sahil Dalal	06 Basavanagudi Aquatic Centre	2:24.76	488	1:09.68	1:15.08
Navaneeth Gowda R	08 Dolphin Aquatics	2:24.76	488	1:08.33	1:16.43
12. Raghav Swachandam	08 Nettakallappa Aquatic Center	2:25.93	476	1:09.17	1:16.76
13. Aryan Bhatt Bhatt	08 Dolphin Aquatics	2:28.12	455	1:09.07	1:19.05
14. Surya J.T.	08 Basavanagudi Aquatic Centre	2:28.26	454	1:07.96	1:20.30
15. Akshaj Thakuria	10 Dolphin Aquatics	2:31.77	423	1:10.79	1:20.98
16. Srujan P Shandilya	07 Basavanagudi Aquatic Centre	2:34.43	402	1:10.71	1:23.72



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Event 25, Men, 200m Medley, SENIOR MEN

Rank	YB		Time	Pts	100m	200m
17.	08	Dolphin Aquatics	2:34.77	399	1:14.10	1:20.67
18.	07	Global Swim Centre	2:39.52	364	1:14.03	1:25.49
19.	03	Soundarya Aquatic Center	2:45.62	326	1:17.46	1:28.16
20.	04	Nettakallappa Aquatic Center	2:49.85	302	1:18.94	1:30.91

Event 26
13-08-2022

Women, 200m Medley

SENIOR WOMEN
Results

SSR	2:29.14	Gowda Damini K	BAC	Bangalore	2013
SNR	2:23.62	Richa mishra		POLICE	2010

Points: FINA 2018

Rank	YB		Time	Pts	100m	200m
1.	08	Dolphin Aquatics	2:29.77	597	1:11.30	1:18.47
2.	05	Dkv Aquatic Centre	2:31.65	575	1:11.35	1:20.30
3.	10	Dolphin Aquatics	2:31.91	572	1:13.42	1:18.49
4.	06	Basavanagudi Aquatic Centre	2:35.13	537	1:14.04	1:21.09
5.	06	Dolphin Aquatics	2:38.48	503	1:15.00	1:23.48
6.	08	Dolphin Aquatics	2:39.68	492	1:14.89	1:24.79
7.	07	Basavanagudi Aquatic Centre	2:40.52	485	1:16.90	1:23.62
8.	09	Dolphin Aquatics	2:42.27	469	1:17.72	1:24.55
9.	09	Dolphin Aquatics	2:42.29	469	1:16.51	1:25.78
10.	07	Dolphin Aquatics	2:42.98	463	1:15.82	1:27.16
11.	10	Basavanagudi Aquatic Centre	2:43.88	455	1:16.69	1:27.19
12.	04	Gafray Swimming Program	2:43.95	455	1:19.17	1:24.78
13.	09	Gafray Swimming Program	2:44.21	453	1:16.50	1:27.71
14.	07	Basavanagudi Aquatic Centre	2:45.63	441	1:14.72	1:30.91
15.	03	Dkv Aquatic Centre	2:47.15	429	1:19.03	1:28.12
16.	04	Basavanagudi Aquatic Centre	3:01.21	337	1:28.86	1:32.35
17.	09	Basavanagudi Aquatic Centre	3:01.22	337	1:23.91	1:37.31
18.	02	Nettakallappa Aquatic Center	3:06.90	307	1:24.48	1:42.42
EXH	08	Dolphin Aquatics	2:30.97	583	1:10.45	1:20.52

Event 27
13-08-2022

Men, 50m Breaststroke

SENIOR MEN
Results

SSR	28.69	Likith S P	NAC	Bengaluru	2019
SNR	27.89	Sandeep Sejawal		kerala heats	2018

Rank	YB		Time
1.	00	Basavanagudi Aquatic Centre	30.26
2.	06	Dolphin Aquatics	30.63
3.	05	Basavanagudi Aquatic Centre	32.44
4.	04	Basavanagudi Aquatic Centre	32.46
5.	07	Basavanagudi Aquatic Centre	32.64
6.	04	Basavanagudi Aquatic Centre	32.77
7.	03	Basavanagudi Aquatic Centre	33.09
8.	00	Global Swim Centre	34.26
9.	05	Matsya Inc	34.33
10.	08	Basavanagudi Aquatic Centre	35.82
11.	04	Dolphin Aquatics	36.31
12.	04	Nettakallappa Aquatic Center	38.51
13.	04	Pet Aquatic Center	39.68



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Event 28
13-08-2022

Women, 50m Breaststroke

SENIOR WOMEN
Results

SSR	35.24	Saloni Dalal	BAC	Bengaluru	2019
SNR	33.62	CHAHAT ARORA	PUNB	BANGALORE	2021

Rank	YB	Time
1. Vihitha Nayana NMR	08 Basavanagudi Aquatic Centre	34.96
2. Manavi Varma	08 Dolphin Aquatics	35.54
3. Lineysha A K	07 Global Swim Centre	35.68
4. S Lakshya	06 Basavanagudi Aquatic Centre	36.10
5. Harshitha Jayaram	01 Global Swim Centre	36.31
6. Hitaishi V	06 Vijayanagar Aquatic Centre	37.18
7. Meghanjali ,	06 Global Swim Centre	38.10
8. Mihika Dutta	10 Dolphin Aquatics	38.12
9. Samanvi E.S.	08 Basavanagudi Aquatic Centre	38.36
Sp Charu Hamsini	07 Nettakallappa Aquatic Center	38.36
11. Thanya S	09 Dolphin Aquatics	38.49
12. Jegashree Pooja	08 Basavanagudi Aquatic Centre	38.58
13. Vindya G Bhandary	04 Basavanagudi Aquatic Centre	38.84
14. Suvana C Baskar	03 Dolphin Aquatics	39.58
15. Srishti Satishwar	06 Basavanagudi Aquatic Centre	39.73
16. Hiya Manchanda	09 Dolphin Aquatics	39.75
17. Aaradhana S Gowda	07 Dolphin Aquatics	40.58
18. Bhashika B K	07 Matsya Inc	41.49
19. Hashika Ramachandra	08 Dolphin Aquatics	44.84
20. Sonakshi Sathyanarayanan	10 Matsya Inc	45.99

Event 29
13-08-2022

Men, 100m Backstroke

SENIOR MEN
Results

SSR	55.37	Srihari Nataraj	DOLPHIN	Bengaluru	2021
SNR	55.10	Srihari Nataraj	KAR	Bengaluru	2021

Rank	YB	Time
1. Siva S	00 Basavanagudi Aquatic Centre	58.08
2. Utkarsh Santhosh Patil	05 Basavanagudi Aquatic Centre	58.14
3. Akash Mani	06 Basavanagudi Aquatic Centre	1:02.61
4. Dhyan Balakrishna	04 Basavanagudi Aquatic Centre	1:03.54
5. Manoj B Nayaka	04 Basavanagudi Aquatic Centre	1:05.81
6. Yash Karthik	08 Basavanagudi Aquatic Centre	1:06.92
7. Anish Achutha	05 Basavanagudi Aquatic Centre	1:07.59
8. Surya J.T.	08 Basavanagudi Aquatic Centre	1:07.83
9. Manan Chinivar	06 Matsya Inc	1:08.00
10. Vishwathan S	06 Basavanagudi Aquatic Centre	1:09.43
11. Vedanta V.M.	09 Basavanagudi Aquatic Centre	1:09.97
12. Aniketh Bhat Arnady	07 Dolphin Aquatics	1:10.51
13. Abhimanyu Nambiar	09 Dolphin Aquatics	1:12.64
14. Girinandana D A	06 Basavanagudi Aquatic Centre	1:16.50
15. PARTHASAARATHI M	07 Global Swim Centre	1:17.47
16. Shrihari Katti	09 Dolphin Aquatics	1:19.53



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Event 30
13-08-2022

Women, 100m Backstroke

SENIOR WOMEN
Results

SSR	1:06.09	Suvana C. Baskar	DOLPHIN	Bengaluru	2021
SNR	1:04.33	MAANA PATEL	GUJ	kerala	2018

Rank		YB		Time
1.	Ridhima Veerendra Kumar <i>NMR</i>	07	Basavanagudi Aquatic Centre	1:05.81
2.	Shalini R Dixit	07	Dolphin Aquatics	1:07.41
3.	Ritu Bharamaraddi	05	Basavanagudi Aquatic Centre	1:11.68
4.	Aarushi Agrawal	07	Dolphin Aquatics	1:12.49
5.	Aadhya Mohan	07	Basavanagudi Aquatic Centre	1:13.28
6.	Nakshatra Goutham	08	Basavanagudi Aquatic Centre	1:13.47
7.	G Shah Siddhi	08	Dolphin Aquatics	1:13.77
8.	Monita H	04	Dkv Aquatic Centre	1:20.70
9.	Disha Lalith	09	Basavanagudi Aquatic Centre	1:21.72
10.	Maira Manoj Alleluia	09	Basavanagudi Aquatic Centre	1:23.34
11.	Akanksha Tagadur	10	Nettakallappa Aquatic Center	1:27.32

Event 31
13-08-2022

Men, 100m Freestyle

SENIOR MEN
Results

SSR	51.36	Srihari Nataraj	DOLPHIN	Bengaluru	2021
SNR	49.94	SRIHARI NATARAJ	KAR	BANGALORE	2021

Rank		YB		Time
1.	Sambhav R	04	Dolphin Aquatics	52.20
2.	Prithvi M	96	Basavanagudi Aquatic Centre	53.71
3.	Kartikeyan Nair	06	Dolphin Aquatics	54.86
4.	Akshay R Shet	05	Global Swim Centre	55.29
5.	Rishabh Singh Dhadwal	06	Dolphin Aquatics	55.47
6.	Raj Vinayak Relekar	03	Basavanagudi Aquatic Centre	55.62
7.	Dhoneesh N	06	Vijayanagar Aquatic Centre	55.73
8.	Anirudh H Murali	00	Basavanagudi Aquatic Centre	56.15
9.	Aditya Bhandary	02	Basavanagudi Aquatic Centre	56.84
10.	Litheesh G Gowda	03	Basavanagudi Aquatic Centre	57.14
11.	Anantajit Mukherjee	07	Dolphin Aquatics	57.19
12.	Anish Achutha	05	Basavanagudi Aquatic Centre	57.87
13.	Vishwathan S	06	Basavanagudi Aquatic Centre	58.67
14.	Kartik Ravi	00	Global Swim Centre	59.43
15.	Dhakshan S	08	Basavanagudi Aquatic Centre	59.75
16.	Sathvik Prasanna	08	Nettakallappa Aquatic Center	1:00.05
17.	Srujan P Shandilya	07	Basavanagudi Aquatic Centre	1:00.71
18.	Akshaj Thakuria	10	Dolphin Aquatics	1:01.09
19.	Ghanashyam R	08	Global Swim Centre	1:06.78
sick	Srihari Nataraj	01	Dolphin Aquatics	
sick	Aneesh S Gowda	04	Basavanagudi Aquatic Centre	



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Event 32 **Women, 100m Freestyle** **SENIOR WOMEN**
13-08-2022 **Results**

SSR	59.12	Shikh Tandon	K C R	K C R	2003
SNR	58.26	KENISHA GUPTA			2019

Rank		YB			Time
1.	Nina Venkatesh	05	Dolphin Aquatics		1:00.12
2.	Rujula S	08	Dolphin Aquatics		1:00.77
3.	Ridhima Veerendra Kumar	07	Basavanagudi Aquatic Centre		1:00.80
4.	Latiesha Mandanna	05	Gafray Swimming Program		1:00.98
5.	Dhinidhi Desinghu	10	Dolphin Aquatics		1:01.05
6.	Shalini R Dixit	07	Dolphin Aquatics		1:01.78
7.	Ashmitha Chandra	05	Gafray Swimming Program		1:03.35
8.	Sri Charani Tumu	09	Global Swim Centre		1:04.01
9.	Aarushi Agrawal	07	Dolphin Aquatics		1:04.57
10.	Vihitha Nayana	08	Basavanagudi Aquatic Centre		1:04.87
11.	Dhruthi K R	05	Global Swim Centre		1:05.54
12.	Monya Kousumi K	09	Nettakallappa Aquatic Center		1:06.54
13.	Priyanshi Misra	09	Gafray Swimming Program		1:06.78
14.	Suhasini Ghosh	09	Dolphin Aquatics		1:08.46
15.	Vindya G Bhandary	04	Basavanagudi Aquatic Centre		1:10.26
16.	Ria Vijay B	02	Nettakallappa Aquatic Center		1:11.83
17.	Siri Pyeneni	02	Global Swim Centre		1:19.06
EXH	Hashika Ramachandra	08	Dolphin Aquatics		1:02.09
EXH	Tanishi Gupta	10	Dolphin Aquatics		1:02.75

Event 33 **Men, 400m Freestyle** **SENIOR MEN**
14-08-2022 **Results**

SSR	3:10.47	Aneesh S. Gowda	BAC	Bengaluru	2021
SNR	3:53.68	KUSHAGRA RAWAT	DELHI		2021

Points: FINA 2018

Rank		YB		Time	Pts	100m	200m	300m	400m
1.	Shivank Vishwanath	05	Gafray Swimming Program	4:13.05	657	59.66	1:04.77	1:06.51	1:02.11
	50m:		150m:	250m:		350m:			
	100m:	59.66	200m:	300m:	3:10.94	400m:	4:13.05		
2.	Dhyan Balakrishna	04	Basavanagudi Aquatic Cen	4:14.68	645	1:00.92	1:05.06	1:05.31	1:03.39
	50m:		150m:	250m:		350m:			
	100m:	1:00.92	200m:	300m:	3:11.29	400m:	4:14.68		
3.	Dhoneesh N	06	Vijayanagar Aquatic Centre	4:20.57	602	1:00.24	1:06.03	1:07.86	1:06.44
	50m:		150m:	250m:		350m:			
	100m:	1:00.24	200m:	300m:	3:14.13	400m:	4:20.57		
4.	Akshay R Shet	05	Global Swim Centre	4:21.47	596	1:01.01	1:06.15	1:07.50	1:06.81
	50m:		150m:	250m:		350m:			
	100m:	1:01.01	200m:	300m:	3:14.66	400m:	4:21.47		
5.	Pavan Dhananjaya	07	Basavanagudi Aquatic Cen	4:27.77	555	1:02.62	1:07.83	1:09.67	1:07.65
	50m:		150m:	250m:		350m:			
	100m:	1:02.62	200m:	300m:	3:20.12	400m:	4:27.77		
6.	Rishabh Singh Dhadwal	06	Dolphin Aquatics	4:29.04	547	1:02.89	1:08.56	1:09.74	1:07.85
	50m:		150m:	250m:		350m:			
	100m:	1:02.89	200m:	300m:	3:21.19	400m:	4:29.04		
7.	Varungowda G	04	Basavanagudi Aquatic Cen	4:30.63	537	1:03.61	1:07.59	1:09.83	1:09.60
	50m:		150m:	250m:		350m:			
	100m:	1:03.61	200m:	300m:	3:21.03	400m:	4:30.63		
8.	Dhakshan S	08	Basavanagudi Aquatic Cen	4:32.05	529	1:04.17	1:08.02	1:09.40	1:10.46
	50m:		150m:	250m:		350m:			
	100m:	1:04.17	200m:	300m:	3:21.59	400m:	4:32.05		



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Event 33, Men, 400m Freestyle, SENIOR MEN

Rank	YB		Time	Pts	100m	200m	300m	400m	
9.	Kartikayan Nair	06	Dolphin Aquatics	4:32.25	528	1:00.69	1:06.39	1:10.14	1:15.03
	50m:		150m:	250m:		350m:			
	100m: 1:00.69		200m: 2:07.08	300m: 3:17.22		400m: 4:32.25			
10.	Manoj B Nayaka	04	Basavanagudi Aquatic Cen	4:35.55	509	1:01.51	1:08.10	1:13.59	1:12.35
	50m:		150m:	250m:		350m:			
	100m: 1:01.51		200m: 2:09.61	300m: 3:23.20		400m: 4:35.55			
11.	Anantajit Mukherjee	07	Dolphin Aquatics	4:36.27	505	1:03.98	1:10.46	1:11.91	1:09.92
	50m:		150m:	250m:		350m:			
	100m: 1:03.98		200m: 2:14.44	300m: 3:26.35		400m: 4:36.27			
12.	Dharshan S	08	Basavanagudi Aquatic Cen	4:36.78	502	1:03.89	1:09.75	1:11.28	1:11.86
	50m:		150m:	250m:		350m:			
	100m: 1:03.89		200m: 2:13.64	300m: 3:24.92		400m: 4:36.78			
13.	Sahil Dalal	06	Basavanagudi Aquatic Cen	4:38.98	490	1:04.16	1:10.57	1:13.07	1:11.18
	50m:		150m:	250m:		350m:			
	100m: 1:04.16		200m: 2:14.73	300m: 3:27.80		400m: 4:38.98			
14.	Sanjith J	05	Basavanagudi Aquatic Cen	4:39.08	490	1:03.31	1:10.25	1:13.23	1:12.29
	50m:		150m:	250m:		350m:			
	100m: 1:03.31		200m: 2:13.56	300m: 3:26.79		400m: 4:39.08			
15.	Aryan Bhatt Bhatt	08	Dolphin Aquatics	4:39.68	487	1:04.48	1:12.51	1:12.24	1:10.45
	50m:		150m:	250m:		350m:			
	100m: 1:04.48		200m: 2:16.99	300m: 3:29.23		400m: 4:39.68			
16.	Prithviraj Menon	09	Basavanagudi Aquatic Cen	4:42.77	471	1:06.34	1:11.80	1:12.40	1:12.23
	50m:		150m:	250m:		350m:			
	100m: 1:06.34		200m: 2:18.14	300m: 3:30.54		400m: 4:42.77			
17.	Monish P V	09	Basavanagudi Aquatic Cen	4:44.50	462	1:06.43	1:12.52	1:13.15	1:12.40
	50m:		150m:	250m:		350m:			
	100m: 1:06.43		200m: 2:18.95	300m: 3:32.10		400m: 4:44.50			
18.	Aniketh Bhat Arnady	07	Dolphin Aquatics	4:46.49	453	1:08.00	1:13.04	1:13.73	1:11.72
	50m:		150m:	250m:		350m:			
	100m: 1:08.00		200m: 2:21.04	300m: 3:34.77		400m: 4:46.49			
19.	Sharan Sridhara	11	Matsya Inc	4:48.83	442	1:07.98	1:13.15	1:13.80	1:13.90
	50m:		150m:	250m:		350m:			
	100m: 1:07.98		200m: 2:21.13	300m: 3:34.93		400m: 4:48.83			
20.	Sathvik Prasanna	08	Nettakallappa Aquatic Cent	4:49.06	441	1:06.80	1:13.94	1:14.14	1:14.18
	50m:		150m:	250m:		350m:			
	100m: 1:06.80		200m: 2:20.74	300m: 3:34.88		400m: 4:49.06			
21.	Anish Kore	09	Basavanagudi Aquatic Cen	4:50.78	433	1:09.22	1:15.00	1:14.50	1:12.06
	50m:		150m:	250m:		350m:			
	100m: 1:09.22		200m: 2:24.22	300m: 3:38.72		400m: 4:50.78			
22.	Abhimanyu Nambiar	09	Dolphin Aquatics	4:51.53	430	1:08.04	1:14.48	1:15.06	1:13.95
	50m:		150m:	250m:		350m:			
	100m: 1:08.04		200m: 2:22.52	300m: 3:37.58		400m: 4:51.53			
23.	Shrihari Katti	09	Dolphin Aquatics	5:10.50	356	1:11.86	1:19.17	1:19.79	1:19.68
	50m:		150m:	250m:		350m:			
	100m: 1:11.86		200m: 2:31.03	300m: 3:50.82		400m: 5:10.50			



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Event 34
14-08-2022

Women, 400m Freestyle

SENIOR WOMEN
Results

SSR	4:30.41	Malavika V	BAC	BANGALORE	2015
SNR	4:25.76	Richa mishra		POLICE	2011

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m	300m	400m
1. Ashmitha Chandra	05	4:41.01	595	1:06.57	1:12.16	1:12.21	1:10.07
50m:		150m:	250m:	350m:			
100m: 1:06.57		200m: 2:18.73	300m: 3:30.94	400m: 4:41.01			
2. Shirin	07	4:45.06	570	1:06.90	1:12.46	1:13.30	1:12.40
50m:		150m:	250m:	350m:			
100m: 1:06.90		200m: 2:19.36	300m: 3:32.66	400m: 4:45.06			
3. Aditi N Mulay	07	4:50.07	541	1:07.76	1:14.03	1:14.94	1:13.34
50m:		150m:	250m:	350m:			
100m: 1:07.76		200m: 2:21.79	300m: 3:36.73	400m: 4:50.07			
4. Meenakshi Menon	09	4:51.18	535	1:07.46	1:12.85	1:15.32	1:15.55
50m:		150m:	250m:	350m:			
100m: 1:07.46		200m: 2:20.31	300m: 3:35.63	400m: 4:51.18			
5. Anumati Chougule	04	4:55.36	513	1:09.94	1:14.42	1:15.92	1:15.08
50m:		150m:	250m:	350m:			
100m: 1:09.94		200m: 2:24.36	300m: 3:40.28	400m: 4:55.36			
6. Naisha	10	4:55.60	511	1:10.34	1:15.21	1:15.54	1:14.51
50m:		150m:	250m:	350m:			
100m: 1:10.34		200m: 2:25.55	300m: 3:41.09	400m: 4:55.60			
7. Adya Nayak	04	4:57.19	503	1:09.38	1:15.50	1:16.19	1:16.12
50m:		150m:	250m:	350m:			
100m: 1:09.38		200m: 2:24.88	300m: 3:41.07	400m: 4:57.19			
8. Sri Charani Tumu	09	4:58.61	496	1:08.61	1:18.07	1:17.90	1:14.03
50m:		150m:	250m:	350m:			
100m: 1:08.61		200m: 2:26.68	300m: 3:44.58	400m: 4:58.61			
9. Ambar J Singh	07	4:59.60	491	1:10.24	1:15.19	1:16.16	1:18.01
50m:		150m:	250m:	350m:			
100m: 1:10.24		200m: 2:25.43	300m: 3:41.59	400m: 4:59.60			
10. Preetha V	03	5:00.32	488	1:10.15	1:16.52	1:17.57	1:16.08
50m:		150m:	250m:	350m:			
100m: 1:10.15		200m: 2:26.67	300m: 3:44.24	400m: 5:00.32			
11. Saba Suhana	08	5:00.88	485	1:10.71	1:17.31	1:17.25	1:15.61
50m:		150m:	250m:	350m:			
100m: 1:10.71		200m: 2:28.02	300m: 3:45.27	400m: 5:00.88			
12. Aarushi Agrawal	07	5:06.72	458	1:10.87	1:18.97	1:19.26	1:17.62
50m:		150m:	250m:	350m:			
100m: 1:10.87		200m: 2:29.84	300m: 3:49.10	400m: 5:06.72			
13. Aaradhana S Gowda	07	5:15.20	422	1:13.92	1:20.06	1:21.53	1:19.69
50m:		150m:	250m:	350m:			
100m: 1:13.92		200m: 2:33.98	300m: 3:55.51	400m: 5:15.20			
14. Namrata Venkatesh	08	5:15.75	419	1:14.55	1:20.16	1:21.75	1:19.29
50m:		150m:	250m:	350m:			
100m: 1:14.55		200m: 2:34.71	300m: 3:56.46	400m: 5:15.75			
15. Mihika Dutta	10	5:18.95	407	1:15.78	1:22.27	1:20.90	1:20.00
50m:		150m:	250m:	350m:			
100m: 1:15.78		200m: 2:38.05	300m: 3:58.95	400m: 5:18.95			
16. Aasra Sudhir	08	5:20.15	402	1:14.51	1:23.47	1:23.64	1:18.53
50m:		150m:	250m:	350m:			
100m: 1:14.51		200m: 2:37.98	300m: 4:01.62	400m: 5:20.15			
17. Nidhi Shashidhara	04	5:32.80	358	1:15.37	1:25.54	1:26.61	1:25.28
50m:		150m:	250m:	350m:			
100m: 1:15.37		200m: 2:40.91	300m: 4:07.52	400m: 5:32.80			



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Event 34, Women, 400m Freestyle

EXH Hashika Ramachandra	08	Dolphin Aquatics	4:41.21	594	1:05.22	1:11.10	1:12.77	1:12.12
50m:		150m:	250m:		350m:			
100m:	1:05.22	200m:	300m:	3:29.09	400m:	4:41.21		
EXH Rujula S	08	Dolphin Aquatics	4:44.18	576	1:08.95	1:13.83	1:14.45	1:06.95
50m:		150m:	250m:		350m:			
100m:	1:08.95	200m:	300m:	3:37.23	400m:	4:44.18		
EXH Dhinidhi Desinghu	10	Dolphin Aquatics	4:47.34	557	1:06.82	1:12.69	1:14.05	1:13.78
50m:		150m:	250m:		350m:			
100m:	1:06.82	200m:	300m:	3:33.56	400m:	4:47.34		
EXH Shalini R Dixit	07	Dolphin Aquatics	4:51.22	535	1:10.28	1:15.30	1:13.07	1:12.57
50m:		150m:	250m:		350m:			
100m:	1:10.28	200m:	300m:	3:38.65	400m:	4:51.22		

Event 35
14-08-2022

Men, 50m Backstroke

SENIOR MEN
Results

SSR	25.63	Shrihari Nataraj	BSRC	Bengaluru	2019
SNR	25.58	Shrihari Nataraj	KAR	BHOPAL	2019

Rank	YB	Time
1. Siva S	00 Basavanagudi Aquatic Centre	27.19
2. Utkarsh Santhosh Patil	05 Basavanagudi Aquatic Centre	27.60
3. Dhyaan M	05 Global Swim Centre	28.54
4. Jatin B	03 Global Swim Centre	29.10
5. Akash Mani	06 Basavanagudi Aquatic Centre	29.23
6. Manan Chinivar	06 Matsya Inc	30.55
7. Sathvik Prasanna	08 Nettekallappa Aquatic Center	30.96
8. Surya J.T.	08 Basavanagudi Aquatic Centre	31.29
9. Vishwathan S	06 Basavanagudi Aquatic Centre	31.40
10. Vedanta V.M.	09 Basavanagudi Aquatic Centre	32.58
11. Abhimanyu Nambiar	09 Dolphin Aquatics	33.86
12. Girinandana D A	06 Basavanagudi Aquatic Centre	34.90
13. Shrihari Katti	09 Dolphin Aquatics	37.53
14. Rohan Rangnath	05 Dolphin Aquatics	47.40

Event 36
14-08-2022

Women, 50m Backstroke

SENIOR WOMEN
Results

SSR	30.06	Ridhima Veerendrakumar	BAC	Bengaluru	2021
SNR	29.89	MAANA PATEL	GUJ	H	2016

Rank	YB	Time
1. Ridhima Veerendra Kumar	07 Basavanagudi Aquatic Centre	30.48
2. Nina Venkatesh	05 Dolphin Aquatics	31.97
3. Shalini R Dixit	07 Dolphin Aquatics	32.02
4. Ritu Bharamaraddi	05 Basavanagudi Aquatic Centre	32.52
5. Manavi Varma	08 Dolphin Aquatics	33.20
6. Aarushi Agrawal	07 Dolphin Aquatics	33.45
7. Monya Kousumi K	09 Nettekallappa Aquatic Center	33.68
8. Naisha Shetty	06 Dolphin Aquatics	33.71
9. Aadhya Mohan	07 Basavanagudi Aquatic Centre	33.74
10. Nakshatra Goutham	08 Basavanagudi Aquatic Centre	34.50
11. G Shah Siddhi	08 Dolphin Aquatics	34.59
12. Disha Lalith	09 Basavanagudi Aquatic Centre	37.58
13. Maira Manoj Alleluia	09 Basavanagudi Aquatic Centre	38.40
14. Ria Vijay B	02 Nettekallappa Aquatic Center	38.91



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Event 36, Women, 50m Backstroke, SENIOR WOMEN

Rank	YB	Time
15. Akanksha Tagadur	10 Nettakallappa Aquatic Center	58.01

Event 37
14-08-2022 Men, 200m Butterfly SENIOR MEN Results

SSR	2:03.21	Rehan poncha	BAC	2009
SNR	1:57.73	Sajan Prakash	kerala	2018

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m
1. Utkarsh Santhosh Patil	05	Basavanagudi Aquatic Centre	2:07.75	665	1:00.94 1:06.81
2. Nayan Vignesh P	05	Nettakallappa Aquatic Center	2:08.85	648	1:01.35 1:07.50
3. Kartikeyan Nair	06	Dolphin Aquatics	2:11.01	616	1:01.17 1:09.84
4. Dharshan S	08	Basavanagudi Aquatic Centre	2:17.81	529	1:05.50 1:12.31
5. Raj Vinayak Relekar	03	Basavanagudi Aquatic Centre	2:18.09	526	1:01.11 1:16.98
6. Neelesh Das	06	Dolphin Aquatics	2:18.66	520	1:05.59 1:13.07
7. Shreyas Venkatesh	05	Basavanagudi Aquatic Centre	2:19.09	515	1:04.97 1:14.12
8. Dhanush S	06	Gafray Swimming Program	2:19.39	511	1:04.71 1:14.68
9. Aditya Prabhu	05	Basavanagudi Aquatic Centre	2:20.55	499	1:04.77 1:15.78
10. NIRANJAN KARTHIK B	07	Global Swim Centre	2:21.93	484	1:06.70 1:15.23
11. Raghav Swachandam	08	Nettakallappa Aquatic Center	2:27.49	432	1:10.26 1:17.23
12. Navaneeth Gowda R	08	Dolphin Aquatics	2:27.74	429	1:09.86 1:17.88
13. Soham Mondal	08	Dolphin Aquatics	2:35.21	370	1:15.56 1:19.65
14. Ghanashyam R	08	Global Swim Centre	2:45.50	305	1:13.74 1:31.76
sick Aneesh S Gowda	04	Basavanagudi Aquatic Centre			

Event 38
14-08-2022 Women, 200m Butterfly SENIOR WOMEN Results

SSR	2:22.67	Arhatha Magavi	BAC	2009
SNR	2:19.59	Arhatha Marghavi	KAR	2009

Points: FINA 2018

Rank	YB	Time	Pts	100m	200m
1. Tanishi Gupta	10	Dolphin Aquatics	2:30.44	530	1:11.52 1:18.92
2. Jedidah A	05	Dkv Aquatic Centre	2:32.64	508	1:10.90 1:21.74
3. Tanisha Vinay	09	Basavanagudi Aquatic Centre	2:38.92	450	1:13.49 1:25.43
4. Suhasini Ghosh	09	Dolphin Aquatics	2:41.15	431	1:15.08 1:26.07
5. Meenakshi Menon	09	Basavanagudi Aquatic Centre	2:42.60	420	1:15.47 1:27.13
EXH Hashika Ramachandra	08	Dolphin Aquatics	2:28.84	548	1:11.26 1:17.58

Event 39
14-08-2022 Men, 4 x 100m Medley SENIOR MEN Results

SSR	4:00.50	Bangalore Swimming Research CerBSRC	Bengaluru	2019
SSR	4:01.51	Global Swim Centre	Bangalore	2017
SNR	3:48.83	KARNATAKA		2016

Rank	Time
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Event 39, Men, 4 x 100m Medley

1. BAC-A			Basavanagudi Aquatic Centre		3:59.77
<i>NMR</i>					
Utkarsh Santhosh Patil	05	59.40	Siva S	00	56.93
Adith Smaran Olety	05	1:10.06	Prithvi M	96	53.38
2. BAC-B			Basavanagudi Aquatic Centre		4:05.34
Akash Mani	06	1:03.22	Anirudh H Murali	00	58.73
Pruthvik D S	00	1:08.78	Dhyan Balakrishna	04	54.61
3. Dolphin Aquatics 1			Dolphin Aquatics		4:07.95
Anantajit Mukherjee	07	1:08.41	Kartikeyan Nair	06	58.54
Vidith S Shankar	06	1:08.04	Sambhav R	04	52.96
4. Global Swim Centre			Global Swim Centre		4:17.10
Dhyaan M	05		NIRANJAN KARTHIK B	07	
Jatin B	03		Akshay R Shet	05	55.04
5. Dolphin Aquatics 2			Dolphin Aquatics		4:33.89
Aniketh Bhat Arnady	07	1:12.48	Rishabh Singh Dhadwal	06	1:01.77
Navaneeth Gowda R	08	1:19.87	Aryan Bhatt Bhatt	08	59.77

Event 40
14-08-2022

Women, 4 x 100m Medley

SENIOR WOMEN
Results

SSR	4:36.78	Basavanagudi Aquatic Centre (R)	BAC	Bengaluru	2019
SSR	4:46.12	Basavanagudi aquatic Centre		BAC	2008
SNR	4:29.81	SFI		KERALA	2018

Rank

Time

1. Dolphin Aquatics 1			Dolphin Aquatics		4:33.78
<i>NMR</i>					
Suvana C Baskar	03	1:07.32	Nina Venkatesh	05	1:06.82
Manavi Varma	08	1:19.05	Rujula S	08	1:00.59
2. BAC-A			Basavanagudi Aquatic Centre		4:36.54
Ridhima Veerendra Kumar	07	1:06.09	Shirin	07	1:09.70
S Lakshya	06	1:17.74	Vihitha Nayana	08	1:03.01
3. Dolphin Aquatics 2			Dolphin Aquatics		4:41.04
Shalini R Dixit	07	1:11.80	Tanishi Gupta	10	1:06.24
Thanya S	09	1:20.94	Hashika Ramachandra	08	1:02.06
4. BAC-B			Basavanagudi Aquatic Centre		4:51.20
Ritu Bharamaraddi	05	1:11.72	Tanisha Vinay	09	1:12.14
Samanvi E.S.	08	1:22.74	Naisha	10	1:04.60